

FAST MONEY TRANSFER SERVICE



M. Kasippillai & Sons
Tel: 416.267.8221
Trusted over 28 Years

THE GUARDIAN HOME REALTY INC.
Where life begins...



416 989 6565 www.theguardianhomes.com
info@theguardianhomes.com
F119 - 80 Nashdene Road, Scarborough ON M1V 5E4

MT MAYURAN THARMABALAN PROFESSIONAL CORPORATION
CHARTERED PROFESSIONAL ACCOUNTANT

- AUDIT
- REVIEW ENGAGEMENT
- NOTICE TO READER
- BUSINESS ADVISORY
- CONTROLLERSHIP SERVICES
- CORPORATE TAXES
- PERSONAL TAXES
- FINANCIAL PLANNING
- CRA AUDITS
- PAYROLL
- BOOKKEEPING

Mayuran Tharmabalan, CPA, CA, LPA
647-748-6344 647-989-6298
647-748-6444 www.tharmabalan.ca

A LICENSED PUBLIC ACCOUNTING FIRM Suite 304 - 5200 Finch Ave East, Scarborough, ON M1S 4Z5

Historic \$75 million gift from Orlando Corporation to Scarborough Health Network & University of Toronto

The largest gift in the history of Scarborough Health Network

Historic \$75-million gift from Orlando Corporation will strengthen healthcare and medical education in Scarborough and the Eastern GTA.

By supporting new facilities, this generous donation to Scarborough Health Network and U of T will modernize Scarborough's hospitals, train the next generation of healthcare professionals in the region and have a positive impact on community health.

An unprecedented \$75-million donation from Orlando Corporation aims to strengthen the ability of the Eastern GTA to provide world-class care

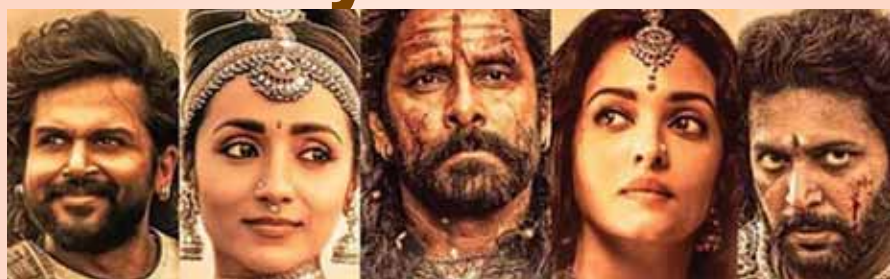
for the community and train future healthcare professionals.

With its gift, the company is investing \$50 million in Scarborough Health Network's (SHN) Birchmount Hospital, mental health needs and other urgent priorities, and \$25 million in the University of Toronto's Scarborough Academy of Medicine and Integrated Health (SAMIH). This gift will advance the health needs of this dynamic region's nearly 1.3 million residents.

...Full Story & Photos on Pages 14 & 48



Reviving a Story of the Ages: Ponniyin Selvan



By Danesh Thirukumaran

Ponniyin Selvan, a highly touted historical fiction novel which has attempted to see its way to the big screen multiple times, has finally made its way through. Directed by the masterful Mani Ratnam, with a star-studded cast including Vikram, Aishwarya Rai Bachchan, Jayam Ravi, Karthi, and Trisha Krishnan, the movie clearly is aspiring to be one for the ages. Given this, it is not a surprise the legendary A.R. Rahman composed the music for

the film. It was also co-produced by Lyca Productions and Madras Talkies. The movie is already a hit, breaking several records and amassing over \$30 million USD in its first five days of release. With many of the big players in the Tamil film industry assuming a role in the creation of Ponniyin Selvan I, it seems obvious the film has already made substantial impact. However, the sincere devotion to the story and era of the Chola dynasty is what helps push this movie over the top.

...Full Story in Page 24

WE SIMPLIFY BUSINESS
Let us be your HR Manager

We provide hr administration as well as hiring and supply of skilled staff
info@rhrm.ca | 416-290-6186

DENTAL OFFICE
DENTAL IMPLANT • ROOT CANAL • WISDOM TOOTH EXTRACTION

Dr. Iru Vijayanathan
BDS, FAGD, MFDS RCPS (Glasg) DENTAL SURGEON

3 LOCATIONS

3150 Eglinton Ave. East, Unit 5 Markham/Eglinton | Tel: 416.264.3232
3351 Markham Road, Unit 129, Markham/Steeles | Tel: 416.609.2022
3348 Buroak Avenue, Highway 7/Buroak | Tel: 905.471.2818

MONEY PROBLEMS?
Make One Small Monthly Payment For all Your DEBTS!

WE CAN

- Stop Collection Calls
- Stop Court Order Against You
- Stop Wage Garnishment
- Stop Interest Right Away
- Reduce Your Debts
- Deal with Your Tax Debts
- Re-Establish Your Credit

Direct Tamil / Sinhalese Line
(416) 489-2000 Visit: GtaCredit.Com
North York - Scarborough - Brampton



**SPECIAL RATE
ON RENEWALS
&
INSURED
MORTGAGES**

ANTON DHARMASEELAN

MORTGAGE AGENT

LIC #M14000425

Available Till Midnight

Including Weekends & Holidays

CALL ME **FIRST FOR ALL
YOUR **MORTGAGE NEEDS****

PURCHASE

REFINANCE

SELF EMPLOYED

RENEWAL

BAD CREDIT

INVESTMENT PROPERTY

416 704 1200

MAJOR BANKS - BEST RATES

ANTON@MYHOMEMLS.CA



FAX: 1-800-566-3068

CANADA NEWS 

GST Credit doubled for about eleven million Canadian households for six months

The Liberal Government has put more money in the pockets of the Canadians by doubling the GST Credit for a period of six months.

The Goods and Services Tax (GST) Credit helps offset the financial impact of the GST for low- and modest-income people and families. The credit is paid quarterly in January, April, July, and October, with benefit years beginning in July.

About 11 million Canadian households are expected to benefit through this measure.

The total annual value of the GST Credit depends on family size and income. For the July 2022 through June 2023 benefit year, eligible people can receive up to:

\$467 for singles without children
\$612 for married or common-law partners;



\$612 for single parents; plus \$161 for each child under the age of 19.

The Government will also provide \$500 more in support to 1.8 million renters struggling with the cost of housing and offering a Canada Dental Benefit of \$650 per year to children under 12 without dental insurance.

Ontario Commemorates National Day for Truth and Reconciliation and Orange Shirt Day



September 30, 2022

Office of the Premier

TORONTO — Today, Premier Doug Ford and Greg Rickford, Minister of Indigenous Affairs, released the following statement in recognition of the National Day for Truth and Reconciliation and Orange Shirt Day:

“Ontario is observing the second annual National Day for Truth and Reconciliation. Today, we will take the time to learn and reflect on the dark legacy of the Indian Residential School system and its impacts on Indigenous communities. We honour the survivors of Indian Residential Schools, as well as those who did not make it home, and acknowledge the ongoing trauma experienced by survivors, families, and communities.

September 30th also marks Orange Shirt Day thanks to the courage of Phyllis Jack Webstad, a survivor from the Stsweceem'c Xgat'tem First Nation who attended St. Joseph Mission Residential School in British Columbia. On her first day of school, Phyllis proudly wore an orange shirt given to her by her grandmother. When she arrived, the shirt was immediately taken away from her by school staff, marking the beginning of Phyllis's long and traumatic separation from her family and community, and from her culture and language.

People in Ontario and across Canada wear orange shirts to remember and honour Indigenous children who were taken from their communities and families and forced to attend Residential Schools.

The National Day for Truth and Reconciliation and Orange Shirt Day are an important part of Ontario's journey of healing and reconciliation with Indigenous peoples. The province will be lighting several government buildings orange to honour survivors, their families and the children who did not return home.

Ontarians are encouraged to learn about and reflect on the intergenerational harm that Indian Residential Schools have caused Indigenous families and communities, and to honour and commemorate those who have been affected. There are many learning sources available to deepen the understanding of the legacy of the Indian Residential School system and the impacts it continues to have today. The government has highlighted some of these resources at Ontario.ca/LearnTheLegacy.

Today, we listen to Indigenous voices and ensure they are heard loudly and clearly. We know there is a long road ahead, but it is a road we will walk together in the spirit of truth and reconciliation.”

Via news.ontario.ca

ANNOUNCEMENT

Dr. Sinnathurai Vijayakumar Scholarship

To be awarded to an undergraduate student based on financial need. Preference given to students studying Tamil studies at U of T or students who are active in Tamil communities.

MAKE A GIFT: Donors wishing to make a contribution to the scholarship in honour of Dr. Sinnathurai Vijayakumar, please visit Donations Management.

ELIGIBILITY:

Recipient must:

be a Canadian citizen/permanent resident and resident of Ontario;
be studying Tamil studies at UofT or students who are active in Tamil Communities;
demonstrate both academic achievement and financial need.

AWARD TYPE: Current students Grant

ACTION: Application Required

AVAILABILITY: Domestic Students International Students

LEVEL OF STUDY: Undergraduate

DEADLINE TO APPLY: 01-Nov-22

VALUE/AMOUNT: Varies

HOW TO APPLY:

New for Fall 2022 / Winter 2023: You may apply for multiple awards on one U of T Student Award Application Form(external link) if you meet the award criteria. A separate application form is required for each term.

As part of your application, you will be asked to upload two reference letters, in support of your application. At least one reference must be from a Faculty member or staff at the University of Toronto.

NOTIFICATION OF DECISION:

Applicants will be informed of the award decisions by email. This is usually within a month or two after the application deadline.

Award recipients will receive an award letter by email from Enrolment Services. The award letter will include information on the award payment and should be kept for future reference.

How/When Is It Paid: Applicants will be informed of the award decisions by email.

<https://future.utoronto.ca/scholarships/dr-sinnathurai-vijayakumar-scholarship/>

NEED HELP WITH YOUR TAXES? WE GOT YOU COVERED!

உங்கள் வரித்தேவை,
வியாபாரக் கணக்கு
எதுவாயினும்,
திறமை, அனுபவம்,
தேர்ச்சி பெற்ற
கணக்காளர்.

- ▶ Corporate Tax
- ▶ Personal Tax Planning
- ▶ Accounting
- ▶ Financial Statements
- ▶ Business Plan & Proposals
- ▶ For all your Business Needs

ARI A. ARIARAN CPA, CGA
Chartered Professional Accountant



MP Accounting & Finance Services Inc
1750 Brimley Road, Suite 213
Toronto, ON. M1P 4X7

416 293 1616
416.438.9799
www.aricpa.ca • ari@aricpa.ca



PUBLISHER'S DESK

PUBLISHING TEAM

Managing Editor & Publisher	: Logan Velumailum, B. Sc. - editor4mj@gmail.com
Editorial & Marketing Consultant	: Siva Sivapragasam - tsivapragasam31@gmail.com
Executive Editorial Board	: Tashvir Narine - tashvir.narine@gmail.com Krishni Narine - krishni31@gmail.com K. Thirukumar
Graphics & Layout Design	: Santosh Kumar - kasantosh@gmail.com
Graphic Support	: Suren Rasadurai
Photo Journalists	: Gnane B. Gnanendran - digitalgnane@yahoo.ca, Rudy Ruthran - rudy@ruthran.com
Health & Care	: Jeavana Sritharan, Andrea Shanmugarajah, Dr. Nuwan Fonseka, Dr. Shiyam Loganathan
Special Feature	: Raymond Rajabalan, J.J. Atputharajah, C. Kamalaharan, Sivanesan Sinniah, Kumar Punithavel, Nate Velumailum, Harrish Thirukumar
Business & Finance	: David Joseph - David.joseph@investorsgroup.com
Education	: RG Education Centers - www.rgeducation.com
Durham News	: Durham Tamil Association - www.durhamtamils.com Tamil Cultural & Academic Society of Durham - www.tamilociety.ca
Markham News	: City of Markham Communications - www.markham.ca
Brampton News	: City of Brampton Communications - www.brampton.ca
Waterloo News	: www.tamilculturewaterloo.org
Coverage on Institutions	: Scarborough Health Network - www.shn.ca Markham Stouffville Hospital - www.msh.on.ca Providence Health Care Foundation - www.providence.on.ca/foundation
Words of Peace	: www.wordsofpeace.ca
Isha Yoga	: www.innerengineering.com
Circulation Co-ordinator	: Meialagan. P

INDEX OCTOBER 2022

Main News:	1
Ads:	2
Canada News:	3, 5 - 7
Publisher's Info:	4
World News:	8 - 10
Health & Care:	14 & 15
Special Feature:	16 - 29
Education:	30
Science:	31
Business:	32 & 33
Food:	36
CW:	34 - 46
Ads:	47 & 48



Canada Historic Milestones

October

This year marks the 30th anniversary of Women's History Month in Canada. We're taking the time to acknowledge and celebrate the strong female leadership behind Parents of Black Children. This organization moves forward because of them.

- via: <http://www.parentsofblackchildren.org/>

Global Media and Information Literacy (MIL) Week 2022: Raise Awareness in Canada on the Importance of Combating Misinformation

By **Harrish Thirukumar**

According to Lai Mohammed, Minister of Information and Culture for Nigeria, its federal government says hosting the 2022 United Nations Educational, Scientific and Cultural Organization (UNESCO) Global Media, Information Literacy, (MIL) Week will help to address the growing trend of fake news, misinformation and hate speech. This was found in a recent news report of the Daily Nigerian.

"Nigeria's contributions towards the birth and the growth of MIL, especially in the West African Sub-Region, played a large role in UNESCO's decision to offer our country the right to host this event," he said.

Mohammed said the theme of 2022 Global MIL week as approved by UNESCO, is:

"Nurturing Trust: A Media and Information Literacy Imperative.

He said the theme highlighted how media and information literacy could help in both nurturing trust and countering mistrust when it comes to the vast sea of information.

From the United Nations (UN) website, in 2021, the General Assembly decided to commemorate Media and Information Literacy (MIL) week, citing the need for the dissemination of factual, timely, targeted, clear, accessible, multilingual and science-based information. It is held from the 24 to 31 October 2020 annually as stated in the resolution adopted by the UN General Assembly. The resolution recognizes that the substantial digital divide and data inequalities that exist among different countries and within them, can be addressed in part by improving people's competencies to seek, receive and impart information in the digital realm.

In the current ecosystem of complex and sometimes contradictory messages and meanings, it is hard to conceive of the public good being advanced, if the public is disempowered in the face of opportunities and threats. Each individual needs to be equipped with media

and information literacy competencies to understand the stakes, and to contribute to and benefit from information and communication opportunities.

Global Media and Information Literacy Week, commemorated annually, is a major occasion for stakeholders to review and celebrate the progress achieved towards "Media and Information Literacy for All."

The UN explains that Media and Information Literacy seeks to answer the questions that we all ask ourselves at some point. How can we access, search, critically assess, use and contribute content wisely, both online and offline? What are our rights online and offline? What are the ethical issues surrounding the access and use of information? How can we engage with media and information and communications technologies (ICTs) to promote equality, intercultural and interreligious dialogue, peace, freedom of expression and access to information? People across the world, such as here in Canada, are witnessing a dramatic increase in access to information and communication. This is very important considering the quality of information we engage with largely determines our perceptions, beliefs and attitudes. It could be information from other persons, the media, libraries, archives, museums, publishers, or other information providers including those on the Internet.

A great way to get involved in such a cause is to check out the Media Literacy Week hosted by Media Smarts that takes place from October 24 to 28. Media Literacy Week (MLW) is an annual event promoting digital media literacy across Canada, taking place each October. Schools, libraries, museums and community groups organize events and activities throughout the week. More information can be found here on participation: <https://mediasmarts.ca/media-literacy-week>

So as Nigeria gears up to host this year's global event, let's raise awareness here in Canada on the importance of combating misinformation.

**Monsoon Journal Wishes
Readers, Advertisers, Distribution outlets
And Well-Wishers**

A

Happy Thanksgiving - October 10

Happy Diwali ~ Deepavali - October 24

Divine KanthaShashti ~ October 25-31

Don't let the noise of others' opinions drown out your own inner voice

- **Steven Paul Jobs** - (February 24, 1955 - October 5, 2011) - American entrepreneur, industrial designer, business magnate, media proprietor, and investor. He was the co-founder, chairman, and CEO of Apple

Printing the Winds of Change around us All lands home, all men kin.

ALL RIGHTS RESERVED: No contents in Monsoon Journal may be printed without the written consent of the Publisher. The views and opinions expressed in the articles in Monsoon Journal are those of the authors and do not necessarily reflect those of the Publisher. While all efforts have been made to ensure accuracy Monsoon Journal is not responsible for any errors or omissions in the contents. Advertisers are responsible for the contents in the Advertisements and all liabilities for their claimers. To place community and non profit organization news submit by email to: toronto@monsoonjournal.com Tel: 416-358-3235. MONSOON JOURNAL CIRCULATION: Toronto(GTA), Scarborough, Markham, Mississauga, Brampton, Pickering, Ajax, Vaughan, Waterloo. "Source for Multi Ethnic Exposure"

DISCLAIMER: Opinions and Interpretations appearing in the newspaper are those of the writers and need not be necessarily of Monsoon Journal. For additional any other information contact Monsoon Journal at 416-358-3235

CANADA NEWS



Ontario Preparing to Expand Health and Benefits Coverage

Public survey will inform the design of a portable benefits plan covering millions of workers

September 27, 2022

Labour, Immigration, Training and Skills Development

TORONTO — The Ontario government is seeking public feedback as it moves forward with plans to expand benefits like health, dental, prescription drug and vision care to more workers who need coverage. Results from an online public survey will inform the design and implementation of a proposed benefits plan that would make Ontario the first province in Canada to cover millions of precarious workers in sectors such as retail, the gig economy and hospitality.

“How or where you work, should not determine whether you have access to benefits like health and dental plans,” said Monte McNaughton, Minister of Labour, Immigration, Training and Skills Development. “Our government is giving workers the protection and confidence they need to provide for their families and build stronger communities for us all.”

Most workers in Ontario with full-time, permanent jobs have medical insurance and dental coverage. However, fewer than a quarter of people who



work part-time or in precarious jobs have similar benefits, which means these workers and their families often have to make difficult choices between their health and other necessities like food and shelter. Independent contractors, gig workers, low-wage workers, newcomers, younger workers and racialized people are less likely to have workplace benefits.

Public feedback is open until December 16th and will help determine the Portable Benefits Advisory Panel's recommendations, expected in Summer 2023.

Expanding health and benefits coverage is part of Ontario's ambitious plan to attract the best workers from across Canada – and around the world – by making the province the best place to live, work and raise a family.

Via news.ontario.ca

Ontario Breaks Ground on New Long-Term Care Home in Toronto

Generations will bring much-needed beds to the province

September 27, 2022

Long-Term Care

TORONTO — The Ontario government is celebrating the ground-breaking of Generations, a new 122-bed long-term care home in Toronto. This new home is one more step forward in the government's \$6.4 billion commitment to build more than 30,000 net new beds by 2028 and 28,000 upgraded long-term care beds across the province.

“I am pleased to celebrate the ground-breaking of this unique multi-generational campus, made possible in partnership with the City of Toronto and the Ismaili Council for Ontario,” said Premier Doug Ford. “Our government is undertaking the most ambitious long-term care building program in Canadian history and this project is just one more way we are delivering the quality care, and access to affordable housing, that seniors across Ontario deserve.”

The brand new Generations home will be licensed to Multi-Generational Housing and Community Centre Toronto, a not-for-profit organization, and is expected to welcome its first residents in early 2026. The home will provide 122 safe, modern long-term care beds in Toronto and will have specific design improvements such as semi-private and private rooms, no

ward rooms, larger resident common areas and air conditioning throughout the home.

Generations will offer culturally appropriate services to the Ismaili community to ensure residents have access to the care they need. The home has also proposed to provide specialized health care, behavioural support and palliative care services, and be part of a campus of care which helps integrate the long-term care home into the broader health care system and ensures residents have access to the care they need.

“Our government has a plan to fix long-term care and a key part of that plan is building modern, safe, and comfortable homes for our seniors,” said Paul Calandra, Minister of Long-Term Care. “Today's event is a significant milestone for Generations in Toronto. When the building is completed, 122 residents will have a new place to call home, near their family and friends.”

The government is fixing long-term care to ensure Ontario's seniors get the quality of care and quality of life they need and deserve both now and in the future. This work is built on three pillars: staffing and care; accountability, enforcement, and transparency; and building modern, safe, comfortable homes for seniors.

Via news.ontario.ca

Statement by the Prime Minister on Women's History Month

October 1, 2022

Ottawa, Ontario

The Prime Minister, Justin Trudeau, today issued the following statement on Women's History Month:

“Throughout our history, women have played an invaluable role in shaping Canada. This October, we mark the 30th anniversary of Women's History Month, an opportunity to celebrate the outstanding achievements of women in creating a more fair country, and to recognize the work that still needs to be done.

“This year's theme – She did, so now I can – honours women trailblazers who raised their voices as agents of change in fields where they were under-represented, including the arts, education,

and politics, and paved the way for future generations of women and girls to succeed. From women like Rosemary Brown, the first Black woman in Canada to sit in a provincial legislature, who inspired more women to pursue politics, to Sheila Watt-Cloutier, a Nobel Peace Prize nominee and Inuk activist, who identified the link between climate change and human rights, Canada is a better place because of the hard work and determination of these trailblazers.

“We have made a lot of progress since the first Women's History Month 30 years ago. Thanks to the hard work of activists and feminist movements, women in Canada have the right to choose, paid parental leave, and – in federally regulated workplaces – the right to be

paid the same as their counterparts. Earlier this year, the employment rate of women aged 25-54 reached a record high, which is spurring economic growth across the country.

“We must continue to break down systemic barriers for women. That's why the Government of Canada is delivering on our promise to build a Canada-wide Early Learning and Child Care system, which is helping reduce costs for regulated child care this year and will achieve \$10-a-day child care on average from coast to coast to coast in the coming years.

“We are also dedicated to empowering women and girls around the world, which helps reduce poverty and fosters well-being. By continuing to promote

gender equality, including through Canada's Feminist International Assistance Policy, we will continue to invest in addressing the root causes of inequality, including access to affordable child care and necessary sexual and reproductive health, and help break down barriers for the next 30 years and beyond.

“On behalf of the Government of Canada, Sophie and I encourage all Canadians to use the hashtag #Women'sHistoryMonth to share and learn more about the women that have shaped, and continue to shape, our country. This month and every month, let's celebrate the many women making history and building a better Canada for everyone.”

Via pm.gc.ca

STAY ONE STEP AHEAD OF CRA

SARVAA CPA
PROFESSIONAL CORPORATION

Our passion is to solve your tax problems:

- ▶ Unfiled Tax Returns - Last ten years (2012 – 2021)
- ▶ Appeals, Audits and Adjustments
- ▶ GST/HST Owner-Built & Rental Rebates
- ▶ Negotiate Collection, Garnishment and Payment Plan
- ▶ Voluntary Disclosure Program (VDP)
- ▶ Estate, Trust & Non-Residents
- ▶ US Tax (PTIN) - IRS 1040 & State Returns

X-CRA
Officers are
on staff.

CPA CHARTERED
PROFESSIONAL
ACCOUNTANTS

Shawn Y. Sarvaa, CPA, CGA
2750 14th Ave., Suite 206
Markham ON L3R 0B6
ideas@sarvaacpa.ca

TECHNICAL EXCELLENCE

INTEGRITY

PROFESSIONALISM

VANCOUVER
604 398 7272

TORONTO
647 219 3110

CALGARY
403 879 7272



PSA: Voter information letters for the Markham Municipal Election are in the mail



Monday, October 3, 2022

MARKHAM, ON – October 3, 2022

– Voter Information Letters for the 2022 Markham Municipal Election are in the mail and are being delivered by Canada Post to everyone who is registered to vote.

Voter Information Letters include:

- The web address to the City's online voting website;
- A personal Voting PIN to vote online; and,
- Other important information about the election.

Those who don't receive a Voter Information Letter by October 12, and are eligible to vote, may not be registered at their current address or at all.

To vote in the upcoming municipal election, a voter needs to be:

- A Canadian citizen;
- At least 18 years old;
- A Markham resident, property owner or tenant (or the spouse of one); and,
- Registered to vote.

Register to vote online at [ElectionsMarkham.ca/register](https://electionsMarkham.ca/register) or in person at the Markham Civic Centre (Clerk's Office), at any Markham Public Library branch until October 19, or at any Voting Place during Voting Days.

Voters registering in person are reminded to bring IDs with them to show election workers or City staff who they are.

The Municipal Voters' List is not the same list as the ones used for provincial or federal elections, so it's

important to always check if you're registered.

Voters are reminded to only open a Voter Information Letter that's addressed to them – it's illegal to take, open or tamper with mail that's addressed to another person. If a voter receives a Voter Information Letter for someone who doesn't live at their address anymore, don't open or forward it. Instead, mark the envelope 'Return to Sender' and drop it in the mail. If a voter loses their Voter Information Letter, they should contact Elections Markham immediately to get a new Online Voting PIN (the old one will be deactivated). Voters should never share their Online Voting PIN – it's personal and no one should ever ask you for it.

From October 14 at 10 AM to October 24 at 8 PM EDT, Markham voters have 250 hours to vote online or by paper ballot on select dates for the offices of Mayor, Regional Councillor, Ward Councillor and School Board Trustee. Local government and school boards deliver important services that residents and businesses rely on every day.

As voters get ready to have their say in this fall's municipal election, check out Elections Markham's Voter Checklist.

Visit ElectionsMarkham.ca for the latest and most reliable information about the 2022 Markham Municipal Election.

Via [markham.ca](https://www.markham.ca)

Prime Minister delivers action at the United Nations General Assembly

September 21, 2022

New York City,

United States of America

The Prime Minister, Justin Trudeau, today concluded his participation in the 77th Session of the United Nations (UN) General Assembly (UNGA) high-level week, where he worked closely with our global partners to address the world's biggest challenges and make life better for people. He advanced action in key areas including health, food security, and climate action and worked with partners to continue standing up for Ukraine in the face of Putin's illegal and unjustifiable invasion and countering Russian false narratives and disinformation.

On the margins of UNGA, Prime Minister Trudeau announced \$1.21 billion in new funding at the pledging conference for the Global Fund to Fight AIDS, Tuberculosis, and Malaria's Seventh Replenishment, hosted by the President of the United States, Joe Biden. This funding, a 30 per cent increase from the last pledge, will fight these diseases and help meet the Global Fund's goal of saving 20 million lives over the next three years.

The Prime Minister also allocated \$100 million from previously announced funding to the Global Fund's COVID-19 Response Mechanism, to support countries in mitigating the impact of COVID-19 on HIV/AIDS, TB and malaria programs and initiate urgent improvements in health and community systems. He also announced \$55 million has been allocated for partners to help mitigate the impacts of the COVID-19 pandemic and advance action on global health and sexual and reproductive health.

Prime Minister Trudeau also participated in the Global Food Security Summit where he highlighted Canada's ongoing efforts to tackle the global food security crisis and announced the allocation of \$245 million in humanitarian funding to UN, Canadian, and international organizations working to ensure no one goes hungry. With several countries already under threat of famine due to drought and other shocks to the food system, Russia's illegal invasion of Ukraine has further jeopardized global food security. While we continue to support the Ukrainian people, we are also addressing the wide-ranging impacts on people around the world.

On the margins of UNGA, the Prime Minister hosted a meeting with Caribbean and regional partners to continue to advance ways the international community can help support Haiti's stability and sustainable development. At the meeting, he announced \$20 million to the UN Development Programme's Multi-Donor Trust Fund



Contribution for Post-Earthquake Reconstruction Efforts in Haiti.

To confront the rise of hate and violent extremism, the Prime Minister also participated in the Christchurch Call Leaders' Summit 2022, where he underscored Canada's pledge to eliminate terrorist and violent extremist content online. He announced up to \$1.9 million in new funding over three years to Tech Against Terrorism for Phase 2 of their Terrorist Content Analytics Platform, a secure online tool that helps small and medium-sized online platforms identify and counter terrorist content.

During his visit, Prime Minister Trudeau highlighted Canada's strong leadership on climate action and the global biodiversity crisis ahead of the 15th Conference of the Parties (COP15) to the United Nations Convention on Biological Diversity taking place in Montreal this December.

He made a call to action for renewed commitments from leaders for an ambitious post-2020 Global Biodiversity Framework, in particular to address the financing gap for nature. While in New York, the Prime Minister announced \$10 million in funding over four years for the Climate Risk and Early Warning Systems initiative to improve emergency preparedness in developing countries, particularly the small island developing states.

The Prime Minister also announced that Canada will join the Forests and Climate Leaders' Partnership (FCLP) to implement solutions that reduce forest loss and increase restoration.

While in New York City, the Prime Minister, as Co-Chair of the UN Sustainable Development Goals Advocates group, underlined Canada's commitment to making life better for people, including by advancing gender equality. He announced a \$10 million contribution over three years to Invest in Childcare to ensure access to quality and affordable childcare in low- and middle-income countries worldwide, which addresses a main barrier to women's participation in the economy.

Via [pm.gc.ca](https://www.pm.gc.ca)

For Advertisements

Call 416.358.3235

www.monsoonjournal.com

CANADA NEWS 

Thanksgiving Day, October 10, 2022 Messages:



Statement by the Prime Minister on Thanksgiving

October 10, 2022
Ottawa, Ontario

The Prime Minister, Justin Trudeau, today issued the following statement on Thanksgiving:

“Today, Canadians across the country will gather with loved ones to celebrate Thanksgiving and give thanks for the blessings from the past year.

“Thanksgiving is a time to celebrate the harvest season. It is a chance to be there for one another and recognize the people who make a difference in our lives.

“Over the past two years, people have had each other’s backs. As we recover from the pandemic, we give a heartfelt thanks to countless volunteers, food banks, and charities who lend a hand to help make a better world. We also thank our everyday heroes, from health care workers to members of the Canadian Armed Forces and humanitarian aid workers, who all dedicate their lives to service and help change our world for the better.

“On behalf of the Government of Canada, Sophie and I wish everyone a happy Thanksgiving filled with good company, happiness, and peace.”

Via pm.gc.ca

“From our frontline workers and first responders to our neighbours and loved ones, let us all take a moment today to thank those who are contributing to our well-being and to that of our communities.

Happy #Thanksgiving.”

Via Mary Simon, Governor General of Canada



“Happy Thanksgiving. Joyeuse Action de Grâce. From Abby Hill Farms.”

Via Pierre Poilievre, Leader of Conservative Party of Canada



“Not even Thanksgiving is safe from greedflation.

We need a parliamentary investigation into corporate greed and price gouging.

Help us force an investigation: <http://ndp.ca/investigate-corporate-greed-tw>”

Via Jagmeet Singh, Leader of the New Democratic Party of Canada

“Happy #Thanksgiving, Ontario!

The great people of Seventh-Adventist Church give hundreds of meals out to their community every single week.

Thanksgiving is a time to reflect on what we have and an opportunity to give back. Wishing you and your family a wonderful thanksgiving!”

Via Doug Ford, Premier of Ontario



“Happy Thanksgiving #Mississauga! While many of us are fortunate to enjoy a meal with loved ones today, the reality... is some of our community members don’t have the means or access to healthy food. This #Thanksgiving, I encourage you to donate to our neighbours at the @Food_Bank”

Via Bonnie Crombie, Mayor of Mississauga

Birds of a Feather Migrate Together



Environment

September 23, 2022

Now is a great time to grab your binoculars and enjoy some amazing birdwatching as the annual fall bird migration happens in Mississauga. During this time of year, there are so many bird species (more than 200 bird varieties) in flight migrating across Mississauga and the Region to head to their winter grounds in the southern United States, Caribbean and tropics.

What types of birds migrate through Mississauga in the fall?

Mississauga is home to many species of birds who live by the Credit River, local creeks and Lake Ontario’s vast shoreline. These birds include:

- Bay-breasted Warbler
- Scarlet Tanager
- Yellow-rumped Warbler
- Red-eyed Vireo
- Ruby-crowned Kinglet
- Winter Wren

Birds rely on changes within the environment to tell them when it’s time to migrate. For most birds, the fall migration starts when:

- Babies have matured and can fend for themselves
- Days grow shorter and the sun sets earlier
- Cooler temperatures roll in

• Food becomes harder to find, especially around the fall harvest

As birds begin to migrate, they can cover big distances in a short amount of time. Many birds migrate at night. They use the night sky, stars and moon to navigate to their winter grounds. One of the best times to see them is after midnight from August to October.

Looking for a park to watch birds this fall?

There are many amazing places to see these migrations in Mississauga, including Rattray Marsh Conservation Area, Lakefront Promenade, Riverwood, Meadowvale Conservation, Osprey Marsh and Saigon Park.

Learn more about Mississauga parks or find a local park near you by visiting mississauga.ca/parks. Check out eBird to track your bird sightings and explore data to see what birds have been observed in a City park or natural area near you.

Curious to learn more about birds? Visit one of our local libraries, in-person or online to check out a few cool resources, such as books on birds.

If you come across any birds that are sick, hurt, in distress or injured, please contact Animal Services at 905-869-5858.

Via mississauga.ca



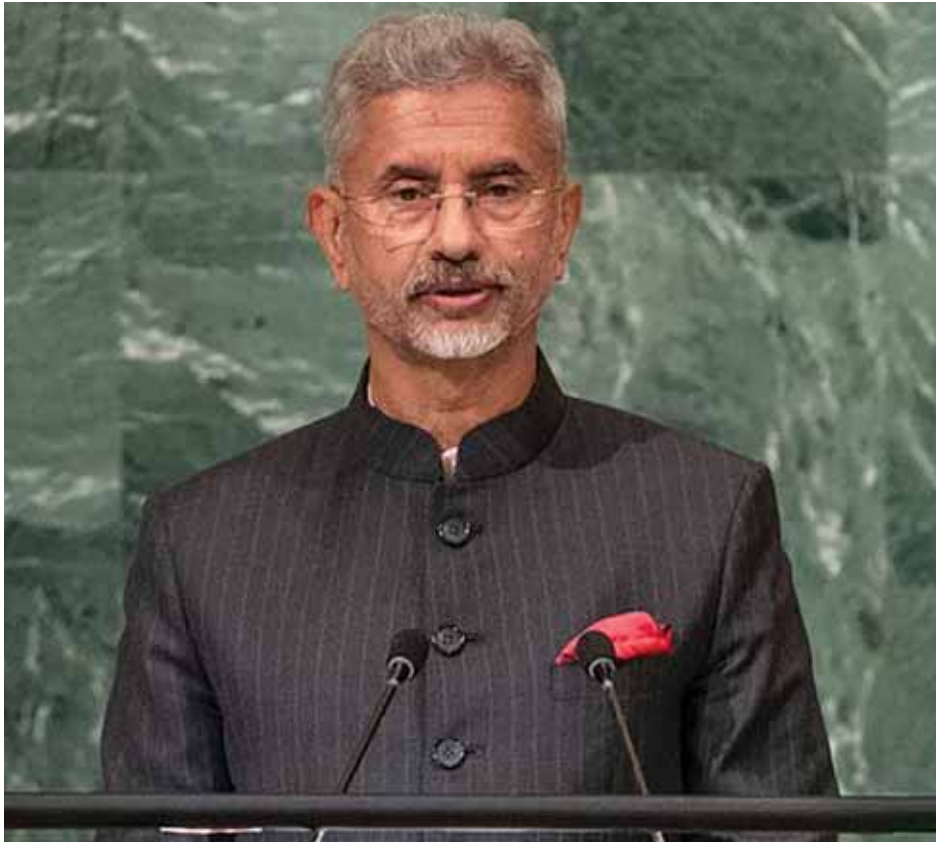
“From my family to yours, I wish you all a safe and very happy #Thanksgiving “

Via Patrick Brown, Mayor of Brampton



WORLD NEWS

'We must continue to believe in the power of diplomacy,' India says in UN speech



24 September 2022

UN Affairs

India was represented at the opening of the 77th General Assembly by Minister of External Affairs Subrahmanyam Jaishankar, who reminded his audience that India is celebrating 75 years of independence, which he described as a story of the "toil, determination, innovation, and enterprise of millions of ordinary Indians".

Amid the challenges facing the world today – from Russia's war of aggression in Ukraine and the COVID-19 pandemic to climate change and conflicts – Canada is convinced of the need for more multilateralism, not less, as well as a stronger and more effective United Nations.

The Minister outlined India's commitment to multilateralism, evidenced, he said, by the decision to supply vaccines to over 100 nations, provide disaster relief to those in distress, and partner with other countries, with a focus on green growth, better connectivity, digital delivery and accessible health.

Mr. Jaishankar declared that India is filling gaps in humanitarian needs in nearby countries and regions, mentioning the supplies of 50,000 metric tonnes of wheat and multiple tranches of medicines and vaccines sent to Afghanistan, the extension of \$3.8 billion worth of credit to Sri Lanka for fuel, essential commodities and trade settlement, and the supply of 10,000 metric tons of food aid and vaccine shipments to Myanmar.

Whose side are we on?

Turning to the war in Ukraine, Mr. Jaishankar raised the question of whether India sides with Ukraine or Russia.

"India is on the side of peace and will remain firmly there," he said. "We are on the side that respects the UN Charter and its founding principles. We are on the side that calls for dialogue and diplomacy as the only way out".

He went on to note that, with food, fuel, and fertilizer costs rising, it is in the interests of the international community to work constructively to find an early resolution to the war.

World 'poised for transformational change'

Noting that the COVID-19 pandemic has called into question the over-centralized nature of globalization, Mr. Jaishankar said that the world is poised for "transformational change". The war in Ukraine and climate events have also, he continued, added to the disruption the world is already facing.

The Minister declared that India is pursuing climate action and climate justice, and stands ready to "support any collective and equitable endeavour to protect our environment and to further global wellness."

India's approach, he explained, is based on principles of mutual respect and national ownership with a commitment to sustainable development for all, and he announced that, as it assumes the presidency of the G20 organization of advanced economies, India will work with other members to address serious issues of debt, economic growth, food and energy security and the environment.

'Zero-tolerance on terrorism'

India will end its time as a non-permanent member of the UN Security Council in 2022, and Mr. Jaishankar noted some of the country's achievements during its tenure.

At the Security Council, he said, India has focused on concerns such as maritime security, peacekeeping and counter-terrorism. On the latter, he mentioned the special meeting of the Counter Terrorism Committee this year, hosted in India, which chairs the Committee, and invited Member States to participate.

The meeting will focus on new and emerging technologies, and Mr. Jaishankar said that a new global architecture is needed, in response

Sri Lanka's President Ranil Wickremesinghe and Indian Prime Minister Narendra Modi meet in Japan India will respond positively to Sri Lanka's economic problems



Sri Lanka's President Ranil Wickremesinghe and Indian Prime Minister Narendra Modi discussed Sri Lanka's debt restructuring during a visit in Japan.

The discussion took place on the sidelines of the funeral of former Japanese Prime Minister Shinzo Abe.

Sources present at the discussion said that during the meeting the Indian Prime Minister congratulated Wickremesinghe on his presidency and

discussed Sri Lanka's present economic crisis.

Modi and Wickremesinghe discussed Sri Lanka's debt restructuring and Modi also inquired on Sri Lanka's talks with the International Monetary Fund and the current status of the talks.

After being briefed by Wickremesinghe, the Sri Lankan President requested for more Indian investments to which the Indian Premier had responded positively.

new technology tools that are being deployed against open, diverse and pluralistic societies.

"Having borne the brunt of cross border terrorism for decades, India firmly advocates a 'zero-tolerance' approach," announced Mr. Jaishankar. "In our view, there is no justification for any act of terrorism, regardless of motivation.

And no rhetoric, however sanctimonious, can ever hide blood-stained hands".

Reform 'anachronistic' Security Council

Reforming the Security Council is needed because is currently "anachronistic and ineffective," claimed the Minister. He described it as deeply

unfair, denying entire continents and regions a voice in a forum that deliberates their future.

Mr. Jaishankar called for serious negotiations on the matter to be decisively addressed, and for serious negotiations to proceed sincerely, rather than being blocked by procedural tactics.

"We believe and advocate that this is not an era of war and conflict," concluded Mr. Jaishankar. "On the contrary, it is a time for development and cooperation...It is vital that we continue to believe in the promise of diplomacy and the need for international cooperation."

Via news.un.org



Today's crises highlight need for more multilateralism, stronger UN, says Canada's Foreign Minister

26 September 2022

UN Affairs

Amid the challenges facing the world today – from Russia's war of aggression in Ukraine and the COVID-19 pandemic to climate change and conflicts – Canada is convinced of the need for more multilateralism, not less, as well as a stronger and more effective United Nations.

"These crises and the way we choose to respond to them are testing our shared commitment to the United Nations. That's why our decisions matter now more than ever," Canada's Foreign Minister, Mélanie Joly, told the General Assembly's annual high-level debate on Monday.

'More multilateralism, not less'

"We have a choice – either we respect and defend the rules that we collectively have developed for generations and that have given us the longest period of peace in modern history or we accept that rules can be broken by the powerful, bringing us back to darker times of constant tensions and conflicts, with massive displacements, suffering and losses of human lives.

"For Canada, the choice is clear: we're convinced that we need more multilateralism, not less; we need more of the UN, not less; and we need a UN that is effective, efficient, relevant and accountable."

On Russia's invasion of Ukraine, Ms. Joly said the 193-member General Assembly has spoken clearly and with conviction.

"Russia's aggressions against Ukraine violate the UN Charter. It strikes at the heart of the commitment we all made in building this Organization from the dark tragedy of the Second World War. Rather than follow



this Assembly's decisions and a legally-binding order from the International Court of Justice, Russia had doubled down, including with a desperate effort to justify the unjustifiable."

Noting that while the world gathered in New York, President Vladimir Putin announced that Russia will conscript more young people to the war.

"For Putin, this is a war to the death; for Ukraine, it is a war for life," Ms. Joly stated.

The impacts of this "illegal" war are profoundly felt around the world, she continued. "We must address the global food security crisis and other consequences of the illegal invasion with imagination and determination.

"And those who break the law must be met with the force of the law. A permanent seat on the Security Council not a license to kill nor to silence anyone, and it should never guarantee impunity."

No country left behind'

Turning to other major challenges, Ms. Joly highlighted the need to redouble efforts to achieve the Sustainable Development Goals, and to reforming the international financial

institutions to enable them to adapt to today's crises.

"No country must be left behind," she stressed, adding that Canada is working with partners for just and equitable reform of the international financial system, which is crucial for equity and for global peace and stability.

Canada, she went on, is committed to ending the COVID-19 pandemic, as well as tackling HIV, tuberculosis and malaria. Last week, Prime Minister Trudeau committed to investing \$1.2 billion in these efforts.;

'More urgency on climate'

On climate change, Ms. Joly said the world must act with the same urgency as during the COVID pandemic.

"From the Arctic to the small island States, climate change is an existential threat, and we are feeling its effects every day," she said. "Canada has committed to reducing its greenhouse gas emissions by 40 to 45 per cent by 2030 and to achieve carbon neutrality by 2050, and we have a credible plan to do so."

There are no simple solutions to the challenges the world is facing, she

noted. "But it is clear that to isolate ourselves, to disregard the rule of law and to force people into silence runs counter to progress. And yet, certain countries are restricting civil liberties, violating human rights and conducting widespread surveillance of their population.

"This trend towards authoritarianism is extremely worrying," she stated, drawing particular attention to the Xinjiang region of China.

On human rights, no 'defending the indefensible'

Likewise, Canada is concerned about the repression of human rights seen in several countries. "We know that human rights are universal by nature. Therefore, we cannot hide behind the pretext of national sovereignty to violate them; there are limits to defending the indefensible."

Ms. Joly also stressed the equality of women and girls as crucial for peace, justice and prosperity. Canada will repel increasing attacks on the rights and freedoms of women – from Afghanistan, where the Taliban are preventing women and girls from going to school, to Myanmar, where the women who are openly calling for a return to democracy are imprisoned by the military junta, tortured and subjected to "horrific" acts of sexual violence.

"In Iran," she continued, "women protesting the death of MahsaAmini are met with arrests and bullets. We salute their courage and join them in sending a strong message that women's rights are human rights.

"Today, Prime Minister Trudeau announced that Canada will sanction those responsible, including Iran's so-called morality police and its leadership."

Via news.un.org

India's Top Court Legalizes Abortion Regardless of Marital Status

September 29, 2022 2:46 PM

Reuters

NEW DELHI

India's top court on Thursday upheld the right of a woman to an abortion up to 24 weeks into pregnancy regardless of marital status, a decision widely hailed by women's rights activists.

The right to abortion has proved contentious globally after the U.S. Supreme Court overturned in June its landmark 1973 decision in *Roe v. Wade* that had legalized the procedure across the United States.

"Even an unmarried woman can undergo abortion up to 24 weeks on par with married women," said Justice D.Y. Chandrachud of India's Supreme Court, holding that a woman's marital

status could not decide her right to abort.

A law dating from 1971, the Medical Termination of Pregnancy (MTP) Act, had limited the procedure to married women, divorcees, widows, minors, "disabled and mentally ill women" and survivors of sexual assault or rape.

"The decision to have or not to have an abortion is borne out of complicated life circumstances, which only the woman can choose on her own terms without external interference or influence," the court ruling said.

It added that every woman should have the "reproductive autonomy" to seek abortion, without consulting a third party.

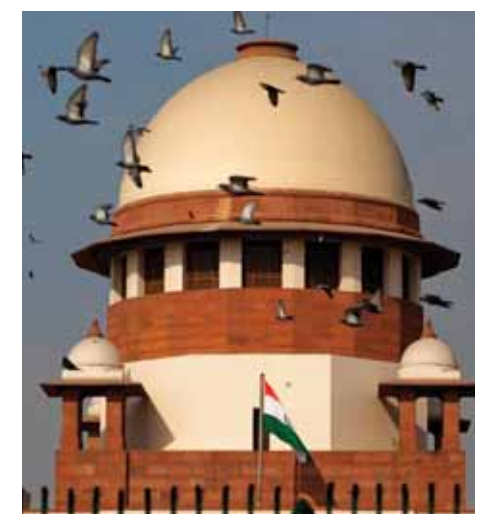
Thursday's decision came in response to a petition by a woman who

said her pregnancy resulted from a consensual relationship, but she had sought abortion when the relationship failed.

The ruling is a milestone for the rights of Indian women, activists said. "It is a first step, it is a progressive step," said YogitaBhayana, founder of PARI, or People Against Rapes in India.

The court added that sexual assault by husbands can be classified as marital rape under the MTP law. Indian law does not consider marital rape an offense, though efforts are being made to change this.

"In an era that includes *Dobbs vs. Jackson*, and makes distinctions between the marital status of women who are raped, this excellent judgment



on abortion under the MTP Act hits it out of the park," KarunaNundy, an advocate specializing in gender law and other areas, said on Twitter.

She was referring to the case that led to the U.S. Supreme Court judgment in June.

Via voanews.com



WORLD NEWS

Flood-ravaged Pakistan's leader appeals for urgent global support in UN address

23 September 2022

UN Affairs

With huge swathes of his country still under water following recent devastating floods, Pakistan's Prime Minister appealed on Friday for global support to help his country face the consequences of a climate catastrophe the likes of which it has never seen before.

"No words can describe the shock we are living through or how the face of the country lies transformed," Muhammad Shehbaz Sharif told the General Assembly's annual high-level debate.

"For 40 days and 40 nights a biblical flood poured down on us, smashing centuries of weather records, challenging everything we knew about disaster, and how to manage it."

No starker evidence of global warming

Close to eight million people have been displaced by the disaster, according to the UN, which along with the authorities and partners have continued to reach affected populations with desperately needed relief items. To date, more than 1,500 people have been killed, including 552 children.

The Prime Minister noted that some 33 million people are now at risk of health hazards; more than 13,000 kilometres of roads have been damaged;



one million homes have been destroyed and another million damaged; and four million acres of crops have been washed away.

"Pakistan has never seen a starker and more devastating example of the impact of global warming," he stressed. "Life in Pakistan has changed forever."

On his visit to the country earlier this month, UN Secretary-General António Guterres said he had never seen "climate carnage on this scale," and called for urgent financial support to help Pakistan, saying it is not just a question of solidarity but a question

of justice.

The Prime Minister noted: "Nature has unleashed her fury on Pakistan without looking at our carbon footprint, which is next to nothing. Our actions did not contribute to this."

He added that the current priority is to ensure rapid economic growth and lift millions out of destitution, which requires a stable external environment.

Sustainable peace in South Asia

"Sustainable peace and stability in South Asia, however, remains contingent upon a just and lasting solution of the Jammu and Kashmir dispute.

At the heart of this longstanding dispute lies the denial of the inalienable right of the Kashmiri people to self-determination," he said.

The Prime Minister added that in a "classic settler-colonial project," India is seeking to turn the Muslim-majority Jammu and Kashmir into a Hindu-majority territory through "illegal demographic changes."

"Millions of fake 'domicile certificates' have been issued to non-Kashmiris; Kashmiri land and properties are being seized; electoral districts have been gerrymandered; and over 2.5 million non-Kashmiri illegal voters fraudulently registered. All this is in blatant violation of Security Council resolutions and international law, particularly the Fourth Geneva Convention."

He called on the United Nations and the Secretary-General to play their rightful role in urging India to implement existing UN resolutions on this issue.

The position of the UN on this region is governed by the UN Charter and applicable Security Council resolutions. The Secretary-General maintains that the final settlement of Jammu and Kashmir is to be reached by peaceful means, in accordance with the UN Charter and bilateral agreements.

Via news.un.org

'War of Lanka': Fourth book in Amish's Ram Chandra series released

PTI

3 October, 2022 06:03 pm IST

New Delhi, Oct 3 (PTI) Acclaimed author Amish's "War of Lanka", the fourth book in the author's popular 'Ram Chandra' series, was released on Monday, publisher HarperCollins India announced.

The much-awaited book merges the parallel multi-linear narratives of the first three books — "Ram: Scion of Ikshvaku", "Sita: Warrior of Mithila", and "Raavan: Enemy of Aryavarta" — into a single narrative.

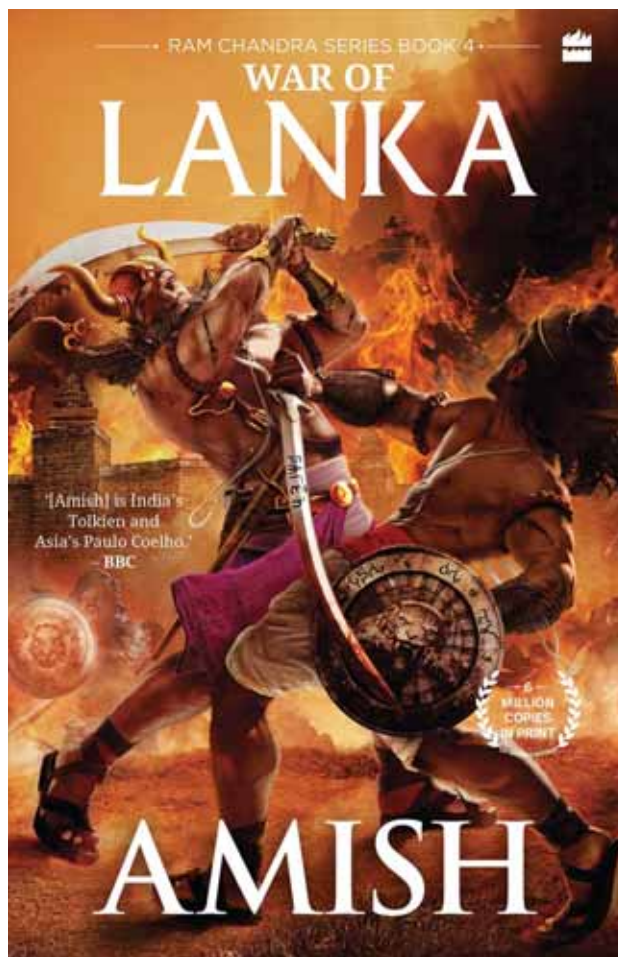
"I am delighted to bring the fourth book of the Ram Chandra Series to readers. The first three books of the Ram Chandra Series were set in a multi-linear narrative which tracked the stories of the principal characters (Lord Ram, Goddess Sita, Raavan) from their birth to a common ending in the narrative viz the kidnapping of Goddess Sita.

"So, all the three books ended in the same place where Raavan kidnaps the princess of Mithila. The fourth book, 'War of Lanka', will be a common narrative from the kidnapping till the death of Raavan," Amish said in a statement.

He added that many clues and secrets left in the first three books will be revealed in this book.

According to the publishers, "War of Lanka" from the Ram Chandra series — which is touted to be the second fastest-selling book series in the Indian publishing history — brings the "pace, drama and emotions of his bestselling Ramachandra series to a fitting crescendo".

"For over a decade now Amish has mined some of the oldest and best-loved stories of this land, and employed his prowess at storytelling to create



worlds that have enthralled millions of readers across the world. We at HarperCollins India are delighted to bring to readers his entire body of work so far, along with a brilliant new book, 'War of Lanka,'" said Poulomi Chatterjee, publisher, HarperCollins India.



Apart from online and offline book stores, the latest release will also be available in audiobook format on Audible, and in other regional language audio formats through Storytel. PTI MAH AT AT

He added that many clues and secrets left in the first three books will be revealed in this book.

According to the publishers, "War of Lanka" from the Ram Chandra series — which is touted to be the second fastest-selling book series in the Indian publishing history — brings the "pace, drama and emotions of his bestselling Ramachandra series to a fitting crescendo".

"For over a decade now Amish has mined some of the oldest and best-loved stories of this land, and employed his prowess at storytelling to create worlds that have enthralled millions of readers across the world. We at HarperCollins India are delighted to bring to readers his entire body of work so far, along with a brilliant new book, 'War of Lanka,'" said Poulomi Chatterjee, publisher, HarperCollins India.

Apart from online and offline book stores, the latest release will also be available in audiobook format on Audible, and in other regional language audio formats through Storytel.

Via PTI

“A smile is a curve that sets everything straight.”

Phyllis Diller



Dr. Seshantri Viswasam
Family Dentist
sunshine
DeNTAL

416 291 1011

45 Milner Avenue Unit 6
Toronto, ON M1S 3P6
NE corner of McCowan & HWY 401



www.sunshinedentalonmilner.com

BUY / SELL / LEASE

Residential & Commercial

- ◆ *Dedicated*
- ◆ *Reliable*
- ◆ *Honest*
- ◆ *Experienced*



Contact for all your, Real Estate Needs;



HomeLife/Future Realty Inc. Brokerage
7 Eastvale Drive, Unit 205 Markham, ON L3S 4N8
Bus: 905-201-9977 Fax: 905-201-9229

*Independently Owned and Operated

TERRENCE THAMBYRAJAH

Sales Representative CPA, CGA, BCom

TEL: 647-709-1202

E-Mail: RealtorTerrence@hotmail.com

Web: www.terrencehomes.com



Higher Standards Agents... Higher Results!

DEBT PROBLEMS???



JOINTLY SERVING ALL COMMUNITIES UNDER ONE ROOF

Unsettled Life due to Credit Problems!

Is Your Daily Life affected?

Worried that you will lose your House or Car!

Phone harassment from Collection Agencies !

Concern that your wages will be garnished by your creditors!

www.creditsolutioncanada.com

For All Your Problems, call for a free consultation

V. SRI

Certified Insolvency Counsellor

CREDIT SOLUTION CENTRE
Services of Trustee is available

80 Corporate Drive, Suite 309
Scarborough, ON M1H 3G5

Tel: **416.439.0224**

Fax: 416.439.0226
creditsolutioncentre@gmail.com





THE GUARDIAN
HOME REALTY INC.
BROKERAGE, Independently Owned and Operated

Where life
begins...

416 989 6565 www.theguardianhomes.com
info@theguardianhomes.com

F119 - 80 Nashdene Road, Scarborough ON M1V 5E4



HEALTH & WELLNESS



Historic \$75-million gift from Orlando Corporation will strengthen healthcare and medical education in Scarborough and the Eastern GTA

By supporting new facilities, this generous donation to Scarborough Health Network and U of T will modernize Scarborough's hospitals, train the next generation of healthcare professionals in the region and have a positive impact on community health.

An unprecedented \$75-million donation from Orlando Corporation aims to strengthen the ability of the Eastern GTA to provide world-class care for the community and train future healthcare professionals.

With its gift, the company is investing \$50 million in Scarborough Health Network's (SHN) Birchmount Hospital, mental health needs and other urgent priorities, and \$25 million in the University of Toronto's Scarborough Academy of Medicine and Integrated Health (SAMIH). This gift will advance the health needs of this dynamic region's nearly 1.3 million residents.

Scarborough and the Eastern GTA is a vibrant, diverse region – but it is also rapidly growing and now faces a critical shortfall of family physicians, nurse practitioners and specialists, as well as aging healthcare facilities. The COVID-19 pandemic further exacerbated these challenges, with the community seeing the second highest number of COVID-19 cases in the province.

“On behalf of the University of Toronto, I

access to excellent healthcare whenever they need it,” said Orlando Corporation President Blair Wolk. “The Scarborough Health Network and the University of Toronto are two institutions that can help make this goal a reality and we're pleased to be able to support them.”

The largest gift in the history of Scarborough Health Network

This \$50-million gift from Orlando Corporation to Scarborough Health Network is the largest in SHN's history and contributes to the Love, Scarborough campaign, which is focused on addressing health inequities and closing the gap between SHN's world-class care and its aging hospital facilities. It will usher in a new era of equitable healthcare, helping to update and expand their hospitals to match the world-class care SHN provides. The gift will help redevelop the Birchmount Hospital to put it at the forefront of equitable, leading-edge patient care for the growing community, including the creation of the Orlando Corporation Emergency Department. It will also support the hospital's most urgent needs, including removing barriers to mental health



An architectural rendering of the Birchmount Hospital site, which will be home to the Orlando Corporation Emergency Department (rendering courtesy of DIALOG)

care, by creating the Orlando Corporation Mental Health Centre of Excellence across SHN.

Expansion of the Birchmount Hospital is the largest redevelopment in SHN history and will feature a new patient care tower. The new tower will be a dramatic expansion in Scarborough, meeting the growing demands of the community by significantly increasing the capacity for patient care. The Orlando Corporation Emergency Department will be part of SHN's no-wait

emergency department, placing a physician at the front of the house. This is a new face for Birchmount Hospital that will more than double the number of beds and ensure timely access to emergency care.

The new Orlando Corporation Mental Health Centre of Excellence at SHN will advance the health network's mandate to focus on a recovery-oriented model of care by making possible critical improvements to infrastructure inside hospitals, which will in turn support programming needs in the community. This Centre of Excellence will position SHN as a leader in compassionate and culturally sensitive mental health care.

The Government of Ontario committed an incredible \$1.2 billion to support this redevelopment, along with other urgent priorities across SHN. Together with government partners and the backing of generous donors like Orlando Corporation, SHN will begin to transform the health experience for Scarborough and beyond.

A portion of Orlando Corporation's \$50-million gift to SHN is a pledge by Orlando to match,

dollar for dollar, donations from the community. Of the generous gift, \$15 million will be matched and support SHN's areas of greatest need.

Supporting advanced health training at U of T

Orlando Corporation's \$25-million donation to the University of Toronto will support the construction of a new building at U of T Scarborough that will be equipped with the state-of-the-art facilities necessary for the Scarborough Academy's advanced health training programs. In addition to increasing the number of doctors, physician assistants, nurse practitioners and physical therapists in Scarborough and the Eastern GTA, a health sciences hub of this size and quality will provide economic stimulus and professional employment in the region. This gift contributes to the university's Defy Gravity campaign, which is the largest alumni engagement and fundraising effort in Canadian history and aims to address some of the most pressing challenges of our time. To galvanize support for this vital new training hub, \$10 million of the company's \$25-million gift to U of T is a pledge to match donations from the community to support the construction of SAMIH.

The Temerty Faculty of Medicine at U of T currently has four academies spread across the university's St. George and Mississauga campuses, which leverage community relationships to address local healthcare needs. The new Scarborough Academy will bring Temerty Medicine's world-class expertise to U of T Scarborough alongside that of U of T's Lawrence S. Bloomberg Faculty of Nursing. SAMIH will work with Scarborough Health Network and four other local hospitals to train health professionals within the region.

SAMIH is expected to attract students from Scarborough and the Eastern GTA, including individuals who reflect the region's diverse community, and will provide local professional clinical experience that will encourage them to establish their careers in the area.

The academy will leverage the university's partnerships in the Eastern GTA as well as its long history of excellence in medical education and research, with its nursing and medical faculties both ranked among the top in the world. SAMIH will also feature a nurse-practitioner-led clinic as part of its training program – the only one of its kind in Canada. Led by the Bloomberg Faculty of Nursing, the clinic will enable students to provide direct care while under supervision.

The company's gift will build significant momentum and inspire additional support for these important projects at U of T and SHN, which are set to have a widespread impact on community health in Scarborough and the Eastern GTA.

To learn more about U of T and SHN's ambitious campaigns, visit defygravitycampaign.utoronto.ca and lovescarborough.ca.



An architectural rendering of the Scarborough Academy of Medicine and Integrated Health (rendering courtesy of ooe studio)

would like to express our profound gratitude to Orlando Corporation for this outstanding act of philanthropy,” said Meric Gertler, president of the University of Toronto. “Your leadership will make a major difference in the lives of people and communities in Scarborough and the Eastern GTA, strengthening healthcare and improving the quality of life for generations to come.”

“This donation is momentous for Scarborough Health Network, and is the largest gift in our history,” said SHN Foundation President and CEO Alicia Vandermeer. “We are incredibly grateful to Orlando Corporation for hearing the message of our Love, Scarborough campaign and investing in equitable healthcare for our diverse community. Their gift will support the Birchmount Hospital redevelopment, including expanding and innovating the emergency department, mental health care across the Network, and other urgent needs, allowing us to offer more care with fewer barriers.”

“Every resident in Scarborough and the Eastern GTA deserves to live a healthy life and to have



HEALTH & WELLNESS



SHN Foundation Golf Classic presented by 369 Global raises \$320,000 for Scarborough Hospitals

On September 15th and 19th 2022, Scarborough Health Network Foundation hosted their Annual Golf tournament raising much-needed support for Scarborough's community hospitals. With more than 1.3 million raised since 2008, proceeds from the event have helped equip SHN's physicians, nurses and frontline staff with the tools and infrastructure they need to continue delivering exceptional care to the hundreds of thousands of patients SHN sees each year.

Thanks to the support of SHN Foundation's corporate and community partners, the 2022 SHN Foundation Golf Classic was an amazing success and raised yet another record by raising \$320,000, the most in the Tournament's 13-year history. The event was hosted at the Award-Winning Golf Club Angus Glen and at the exclusive Goodwood Golf Course. For more information please visit shnfoundation.ca/golfclassic.





Riverstone Community Centre Grand Opening



Thursday, Sep 29 2022

BRAMPTON, ON (September 29, 2022) – The City of Brampton is inviting residents to the grand opening of the Riverstone Community Centre on Monday, October 3 from 6 to 8 pm.

The building has been converted to a 34,000 square-foot recreation facility featuring an updated pool area, including a salt-water pool, expanded change rooms, fitness rooms and several multi-purpose rooms. The building has been open to the public for drop-in/try-it programs since July 6, 2022. The City of Brampton purchased the Riverstone Golf and Country Club in 2017. Residents will enjoy free program demonstrations including: Zumba™, Body Sculpt, Paint Pouring and Preschool Music and Movement. Facility tours will take place every 15 minutes that will showcase Riverstone's numerous amenities including: banquet rooms, the fitness centre, saltwater pool, four squash courts, community rooms, lounges and an outdoor patio. In addition, there will

be air brush tattoos, balloon animals by Twinkles the Clown and light refreshments including popcorn, cotton candy, juice and water.

Residents who attend can sign-up to be entered into a random draw for the following prizes: one annual fitness membership and five one-month memberships. The first 100 people who enter the draw will receive one 10-day trial fitness pass to be used at Riverstone Community Centre prior to December 31, 2022. For more information visit brampton.ca/riverstone.

Quotes

"We are excited to welcome residents to the grand opening of the Riverstone Community Centre! The facility has a lot to offer, whether it's swimming, fitness, squash or using the multi-purpose rooms. There will also be a draw for some great prizes with plenty to see and do. I hope to see you at Riverstone on October 3!"

- **Patrick Brown**, Mayor, City of Brampton

Via brampton.ca

Advance Voting begins October 7, 2022!



Tuesday, Sep 27 2022

BRAMPTON, ON (September 27, 2022) Advance Voting in the 2022 Brampton Municipal and School Board Election begins on Friday, October 7. Advance Voting will be held for five days in October.

Advance Voting takes place on October 7, 8, 9, 14 and 15, 2022. A full list of dates, locations and times is provided below. Voters can also use the interactive tool on the City's website to find the Advance Voting location closest to their residence.

City of Brampton teams up with National Bank and Tennis Canada



Friday, Sep 23 2022

BRAMPTON, ON (September 23, 2022) – The City of Brampton along with National Bank and Tennis Canada revealed the City's new National Bank Tennis Courts at Morris Kerbel Park on September 23, 2022. This is the first project of Tennis Canada's National Bank Play Your Court Program announced earlier this summer to help Canadian municipalities revitalize their outdoor public tennis courts.

The new courts were made possible thanks to funding from the National Bank Play Your Court program as well as a naming rights agreement between the City of Brampton and National Bank.

In addition to the resurfacing of four tennis courts, the final court surface will be added prior to the start of the 2023 playing season. The revamped facilities will include new posts, nets, court perimeter fencing, gates and signage for the duration of the agreement.

The City, National Bank, and Tennis Canada will be hosting an official grand opening event in the spring of

2023 to kick off the tennis season.

This multifaceted, multiyear partnership is part of a commitment by all partners to make tennis more accessible for all and is part of the City of Brampton's Sponsorship and Naming Rights Policy, which was approved by Brampton City Council in March 2019. The citywide sponsorship and naming rights program offers customized opportunities for businesses to connect with the community, creating enhanced experiences for residents. To learn about the sponsorship and naming rights opportunities available visit www.brampton.ca/sponsorship.

Quotes

"We are excited for this partnership with National Bank and Tennis Canada. The National Bank Play Your Court Program is a great initiative that will provide residents with an updated place to play. Whether you're a tennis enthusiast or new to the sport, I encourage you to check out the updated courts!"

- **Patrick Brown**, Mayor, City of Brampton

Via brampton.ca

Advance Voting Locations

• Friday, October 7, 12 pm to 8 pm

- o Brampton City Hall, 2 Wellington St W

• Saturday, October 8 and Sunday, October 9, 10 am to 5 pm

- o Brampton City Hall, 2 Wellington St W
- o Cassie Campbell Community Centre, 1050 Sandalwood Pkwy W
- o Gore Meadows Community Centre, 10150 The Gore Rd

• Friday, October 14, 12 pm to 8 pm, and Saturday, October 15, 10 am to 5 pm

- o Brampton City Hall, 2 Wellington St W
- o Cassie Campbell Community Centre, 1050 Sandalwood Pkwy W
- o Century Gardens Recreation

- Centre, 340 Vodden St E
- o Earnscliffe Recreation Centre, 44 Eastbourne Dr
- o Gore Meadows Community Centre, 10150 The Gore Rd
- o Greenbriar Recreation Centre, 1100 Central Park Dr
- o Jim Archdekin Recreation Centre, 292 Conestoga Dr
- o Save Max Sports Centre, 1495 Sandalwood Pkwy E
- o St. Jacinta Marto Catholic Elementary School, 40 Fallowfield Rd
- o Susan Fennell Sportsplex, 500 Ray Lawson Blvd

Some of the Advance Voting dates occur over the Thanksgiving weekend to make it more convenient for all voters to vote, including eligible students who may be home for the long weekend.

Via brampton.ca

Walk and Roll this October!

Let's Work Together to Keep Everyone Safe on our Roads

City services | September 28, 2022

October is Pedestrian Safety Month. During the fall, the risk of collisions increases when daylight hours shorten. In partnership with the Region of Peel, the City of Mississauga is raising awareness about pedestrian safety, reminding all road users of their responsibility on the road and encouraging students and their families to use active transportation safely on their way to school. October is also International Walk to School Month, which celebrates walking and other forms of active transportation as a healthy and fun way to get to school that benefit students, their communities and the environment.

"Our priority is to ensure all residents, no matter age or ability, can move safely, freely and comfortably around Mississauga. Road safety is a shared responsibility. Whether you're walking, cycling or driving, remember to pay attention to your surroundings, obey the rules of the road, be cautious and alert," said Geoff Wright, Commissioner, Transportation and Works. "Walking or riding your bike is a healthy and fun way to get to school, work or to run errands. Consider leaving your car at home and walking or riding your bike to school instead as it can contribute to safer streets and reduces traffic congestion."

According to Region of Peel, more than 50 per cent of collisions between



pedestrians and vehicles happen when drivers are making turns at intersections, and pedestrians are crossing with the right-of-way.

"We know roadways don't stop at the municipal borders. Working together with our local partners is a priority, in order to share common messages and inform the community of safe behaviours. Pedestrian Safety Month is a good time to stop and reflect on your own travel behaviours. Making safer choices when driving, walking or cycling saves lives and protects our community as a whole," said Kealy Dedman, Commissioner, Public Works at the Region of Peel. "By partici-

pating in Pedestrian Safety Month, you are also supporting the Region of Peel's Vision Zero plan. This strategic plan focuses on working with municipal partners and you to reduce and eliminate all fatal and injury collisions for all road users."

This year, as part of the Vision Zero Action Plan, the City:

- Is lowering speed limits in neighbourhoods and school zones
- Is installing traffic calming to address speeding
- Is updating pedestrian signal timing at approximately 800 intersections
- Introduced the first Leading Pedestrian Interval at Lakeshore Rd. and

Stavebank Rd.

- Installed more Automated Speed Enforcement cameras
- Continues to develop and expand its School Walking Routes program
- Is investing in new sidewalks and filling in gaps in Mississauga's pedestrian network and expanding its cycling network
- Piloted its first School Streets, creating temporary car-free environments in front of schools

As part of Walk to School Month in Mississauga, students and their families are encouraged to join the One Walk a Week challenge to walk or roll to or from school or their bus stop at least one day more per week than they do on an average week. Those who participate can go online and complete a digital certificate to share their accomplishment on social media using the hashtag #WalktoSchoolSauga.

Visit mississauga.ca/walk-to-school for more information about Walk to School Month in Mississauga, to download the certificate and learn more about pedestrian and cycling safety.

Learn more about driver, pedestrian and cyclist safety:

- Safety tips for road users
- Mississauga pedestrian safety
- Mississauga cycling safety
- Region of Peel pedestrian safety

Via mississauga.ca

Free Menstrual Products Now Available at City of Mississauga Facilities

City services | September 27, 2022

Free menstrual products are now available in City of Mississauga operated facilities in at least one universal and/or female washroom.

"I'm so proud that Mississauga is offering free menstrual products at our City facilities," said Mayor Bonnie Crombie. "No one should experience period poverty, regardless of their age or income. We are committed to removing these barriers, and providing free and easy access to those who need these supplies is the first step. I want to thank our community partners who have been crucial in making this happen."

In April, Council approved a motion to provide free menstrual products in public washrooms at City of Mississauga-operated facilities. Facilities in the initial approach include:

- Recreation facilities including community centres, golf courses and arenas
- Libraries
- Park washrooms in select locations



- Culture facilities, including Meadowvale Theatre, Small Arms Inspection Building, Bradley Museum, Benares Historic House, Living Arts Centre and Mississauga Celebration Square

- Paramount Fine Foods Centre
- Mississauga Civic Centre (City Hall)
- City Centre Transit Terminal (CCTT)
- Ontario Court of Justice

"As a City, we're here for you. We're focused on establishing facilities that remain accessible for everyone. Offering basic essential items, like period products, are just as important as toilet paper and paper towels," said Jodi Robillos, Commissioner, Community Services. "Dispensers have been installed in identified City facilities where these products can be most effective to serve the community, such as community centres, libraries, tran-

sit terminals and park washrooms."

All dispensers will be installed by the end of October and maintained as part of regular cleaning schedules. The City will be reviewing any future locations and will install dispensers accordingly based on demand and operating costs. Learn more about this program.

Via mississauga.ca



SPECIAL FEATURE

Drug Addiction and its Threat to World Health

By: J A Rajah

A. The Menace of Drug Addiction :

The world today is obsessed with what amounts to a slow-motion suicide through chemistry. The United Nations has called it the Global Opioid Epidemic. We are increasingly a world addicted. Seeking a way to push back pain, experience something new or escape reality, many are consuming amounts of illegal drugs. In spite of its religious protocols, Iran is becoming a ravenous consumer of opium. Even Russia is experiencing an epidemic of diseases connected to illegal intravenous drug use, with such growing at rates among the fastest of any other region on earth. The synthetic opioid tramadol in Nigeria and West Africa is credited with empowering the terrorist organization Boko Haram. As of December 2020, England had seen cocaine-related deaths increase consecutively for nine years in a row. In Canada, the first year of the Covid-19 pandemic saw opioid overdose deaths rise 96 per cent, almost doubling. USA seems to lead the world in this crisis. The 21st century has now seen more deaths in the US due to drug overdoses. Cocaine related deaths grew 23 percent to more than 24,000, methamphetamine deaths grew 34 % to almost 33,000, and deaths due to synthetic opioids (fentanyl), remained more than double the meth overdoses-growing 23% to roughly 71,000.

The non-profit data-collection project Our World in Data estimates that, directly or indirectly, over 750,000 deaths occur worldwide due to illicit drug usage, of which over 160,000 are due to overdose. Against the backdrop of such estimates, its attention that in the USA, the year 2021 alone saw over 107,000 drug overdose deaths. While estimates around 1 out of every 100 people in the world have a drug problem, in the US, that ratio is one out of every 30. In one of the most financially well-off nations with one of the highest standards of living, a vast number of people are dying due to a craze to get doped. Though the government waged war on drugs in the 1970s, the USA is still struggling with the menace.

B. The Effects of Drug Addiction :

The addiction to drugs had made the task of living a tragedy. Some experiment with what they consider recreational use of a drug., until the experiment becomes a habit, no longer recreation. Others begin with prescribed medication, perhaps taken for too long or used in ways for which it was not originally intended. Regardless of how it begins, before one is aware, a vicious cycle of dependency can set in. The human body and brain-doing what they are designed to do- seek and maintain a regular environment., and the presence the drug in the body becomes the 'norm'. The highs in once brought becomes harder to achieve - as the body becomes accustomed to the drug. Eventually, the drug gives little or no pleasure but must be taken to avoid the pain of withdrawal. The body may suffer in many ways-pockmarked skin, sunken eyes, missing teeth-adding to their apparent age. In addition, it will have a debilitating effect on the mind. Opioids short-cut cut the neuronal pathways only reward it seeks to achieve is provided by the drug. The user becomes a kind of slave to addiction: lying, stealing, prostitution, murder. Gone are the goals, dreams, careers, and relationships that once mattered to the addict. As the craze for addiction and self-accelerates, the synthetic opioid fentanyl has come to play



a special part in statistics of despair in our headlines. In the US, the Washington Post reported that in Pennsylvania, government officials seized more than 1.8 million doses of fentanyl in only the first three months of the year-more than they have seized over the entirety of the previous year (May 11, 2022). Fentanyl is fifty times stronger than heroin and hundred times stronger than morphine. Consequently, many illegal drug manufacturers add small quantities of fentanyl to other drugs like cocaine, heroin or meth to intensify their effects. The addition makes these drugs more addictive and deadly. Synthetic opioids such as fentanyl increase the odds of a fatal overdose -even when taken in small quantities. Therefore, opioids, originally made as prescription drugs are now used as incentive for addiction-mainly for profit. Many bigger cities in the world have at least one district that has become a virtual open-air drug market. In the USA, San Francisco is notorious for this, prompting a group of local mothers to organize and purchase a prominent billboard in the city, proclaiming that San Francisco is 'famous the world over for our brains, beauty, and now the dirt-cheap fentanyl'. Abusers can be found lying unconscious along city roads, as syringes begin to be found scattered like litter as drug -influenced crimes increase. It is no secret that the growing homeless encampments in areas like New York and Los Angeles are rife with drug dealing and addiction. Like the USA, Brazilians might be familiar Carolinda, in the impoverished area of Sao Paulo. Teheran, the capital of Iran struggles manages the area around Ghar and represents the area used by drug usage and crime. Like a river flowing to lower ground, where there is demand, supply will find a way to create a market.

C. The Solutions and Their Challenges :

Governments are hard pressed to find solutions, and bad ideas are easier to find than good ones. Station WCVB out of Boston reported in 2020 how the city's attempts to ease homeless problems in the area created what is called the 'Methadone Mile'-fenced -in

areas that became virtual headquarters for unrestricted use, unrestricted drug-sales and violence. In Portland, where personal use of hard drugs has been decriminalised as a social experiment intended to lessen the societal burden of addicts, overdose deaths are now skyrocketing-up 41 % in 2021 over 2020 and new open-air drug markets have been born. The USA Department of Health and Humanitarian services has set aside \$30 million in December 2021 to create safe places for addicts to take their illegal drugs, providing free syringes and safer smoking kits. In March 2020, the government of Alberta in Canada reported on their efforts to create such supervised consumption services sites to help reduce the number of overdose deaths. While no deaths were reported at the facilities themselves, death rates in the immediate vicinity of the SCS locations increased. Opioid related calls for emergency medical services also increased in the immediate vicinity following the opening of the sites. It appears that human beings cause the most harm when trying to reduce harm. The growing opioid problem was proportionally worse in rural, non-metropolitan areas of the USA. Deaths were likely, misuse of prescription medications among youth was probable, and the abuse of multiple drugs and depression were more likely to be involved. US states with larger rural populations like Kentucky, West Virginia, Alaska and Oklahoma has the opioid crisis problem. The death -dealing substances like fentanyl will make their way to major towns and schools. It is evident that countries with large number of drug addicts are finding it difficult to control overdose and resultant deaths.

The general ways to stop addiction can be summarised as follows. Learning to cope with life's pressure will go a long way to help people to stay away from drugs and alcohol. People should also learn not to give into peer pressure and yield to addiction. Developing close relationship with good and responsible friends will go a long way to get rid of the habit of addiction. Eating a balanced diet and exercising regularly could prevent addiction. Being healthy and active make it easier for people to stay away from drugs and addiction.



The Airline that Roars & Soars in the Blue Skies in this most Challenging Economic Times.

By: Kane Siva

Qatar Airways is an Airline that started with a clear vision that stormed the Arab Nations like the "Desert Storm". It was the Brainchild of the former Emir of Qatar, H.E. Sheikh Hamad Bin Khalifa Al Thani, an enterprising business leader. He requested Sheikh Hamad Bin Ali



Qatar Airways Named No. 1 Airline in Skytrax's 2017 W...

Bin Jabor Al Thani, an aviation enthusiast who had a Pilot license, to form a new airline. Before its birth, Gulf Ai, which was jointly owned by Bahrain, United Arab Emirates, Oman, and Qatar, represented the Qatari Nation. I remember Qatar Airways' birth in November 1993 and was asked to be part of it from its inception, by the then Belgian Captain, Flight Operations Manager, when I was working for Abu-Dhabi Airport but the trepidations I had regarding my release prevented me from accepting. The airline's debut flight was on January 24th, 1994, to Jordan with an A-310 aircraft, the only one they owned and with 75 employees only, this is in contrast to what I have seen in my 50 years of aviation career when an airline started its operations. This indicates its humble and prudent beginning. What a way to start its debut flight!

The Emir of Qatar rules the state but never dreamt that Qatar Airways will "Rule The Blue Skies Sooner". What made Qatar Airways where it is now is a story I like to relish. Have seen many airlines rise and fall in no time in my career, but how Qatar Airways did make it to the hilt. In 1997, four years after its birth a "Special Dad" was appointed by the Emir and in a few years, it started to fly to greater heights. His Excellency Ahmed Al Baker took the saddle of this infant airline and jockeyed it to succeed with his business expertise and acumen. The rest is History. He never managed an airline but his Honest, Sheer determination and Good Intention transformed this venture into a world-class airline. H.E. never rested on his laurels till he achieved his objective. He is a charismatic, deep-rooted business leader whose only ambition was to make Qatar Airways a World Class airline. He is a maverick too, to achieve the impossible. His Excellency proved his mettle beyond anyone's imagination.

His efforts soon started to bear fruits. For any airline 20 or 30% of its operating is fuel depending on where you are, the region, and the price you pay. For Qatar Airways fuel was like Jam and this placed Qatar Airways in a better footing than some other airlines. This airline fleet has an average age of 5 years which evidently pronounces the Safety, Engineering, and Maintenance, Fuel efficiency, and all these factors positioned Qatar Airways as a dominant force in the industry.

The Achievements of Qatar Airways under the tutelage of H.E. are numerous. 14 years after its debut, was voted the Best Airline of the Year in 2011 serving around 100 destinations and reaching a milestone. In 2012, was crowned the Best Airline, Joined One World, World Class Airlines in 2013. The year 2014 saw Qatar Airways, as the "First Launch Customer of A350" aircraft. It received Skytrax Airline of The Year Accolade for the third time in 2015. Awards and accolades kept coming. It won the World's Best Business Class Award in 2016.



A7-BCF - Qatar Airways Boeing 787-8 Dreamliner at H...

Qatar Airways reserved its rights to order one of the biggest orders of aircraft in an airline's history worth more than 90 billion USD. Qatar Airways has fleet diversity, a mixture of Boeing and Airbus aircraft. It became the "First Launch Customer" of the Dreamliner BOEING 787 for the Middle East in 2012. The Cabin services of Qatar Airways are second to none. Cabin crews



Qatar Airways welcomes the Airbus A350-1000 test air...

serve with the same fervor for all, irrespective of the class you fly. It became the first airline to

meet ICAO's Global Aeronautical Distress Safety System with the aid of Global Beacon Technology, to provide minute-by-minute tracking capability of the aircraft. This airline was never in the Red from its inception and His Excellency diversified



its investments prudently and navigated it to a World Class Airline. It expanded its Global network to 150 countries or more and has 230 aircraft to operate. Its campaign in New York in 2015 "Going Places Together" garnered full praise and support. Qatar Airways Policy of "No Borders, Only Horizons" received a lot of support from social media. The airline excelled in cargo operations too. The passenger and cargo traffic increased in large Proportion. His Excellency made sure the infrastructure is multifaceted at Hamad International Airport.

In 2019 the Covid -19 Pandemic brought the whole world to its knees in terms of mobility; this is when Qatar Airways rose to the challenge and defied the pandemic, never folding its wings while almost all the airlines did. This big gamble won the hearts and minds of millions of people worldwide, propelling "The Tiny Kingdom's Airline" as a major global leader in aviation. During Covid 19's commencement and its peak, Qatar Airways operated lots of Humanitarian, and Mercy flights to reach its Golden Assets "THE PEOPLE" and moved lots of Covid related Medical supplies. His Excellency had all Cs in his mind: Challenge, Care, Compassion, Courage, and Credibility as invaluable tools to help the "World of Aviation". I would like to coin Qatar Airways as an airliner fit for "A KING & COMMONER". The amazing success of this airline is due to the Sole & Sheer Determination to defy all the odds, and rise above the "Desert Sands" as One Of The Best Airlines, goes to His Excellency Ahmed Al Baker. I am sure his staff share this pride too. Aviation provides the world with the only means of transportation for goods and people over long distances rapidly. Qatar Airways stood with the people all over the world and provided its invaluable role and assets to Global Aviation. This left an indelible impression on the Aviation industry..

His Excellency, the CEO, may have believed in the slogan of the University of Toronto "WE SEE THE IMPOSSIBLE AS A CHALLENGE, THE UNKNOWN AS AN INVITATION AND EVERY OBSTACLE AS MOTIVATION TO PUSH FORWARD. I personally wish Qatar Airways to conquer the Blue Skies as the great conqueror "Alexander the Great". Quoting JFK, in 1962 "We Decided to Go to the Moon and Do Other Things, Because It Is Not Easy, But They Are Hard" which the Emir believed. As I am writing this, I noticed Qatar Airways has been voted as The Best Airline for the 7th time in 2022.

WOW. What A Way to FLY!

Well Done Qatar Airways! And Wish You Good Luck to keep Going Further and Farther.

K.N. Sivagnanasunderam (Blue)

Former Flight Operations Officer, Air Ceylon Ltd,
Kanesiva6@gmail.com

Words of Peace

SPECIAL FEATURE



I want to tell you something. There is your inner world – and then there is this world. But I'm going to tell you something. In between these two worlds, there is another world. And it's the world you're surrounded by.

In this world, you dictate what happens. Somebody can talk to you, but you don't have to listen. In this world, somebody can try to make you angry but it's up to you if you actually get angry or not.

It's a little world; it's not huge. You carry it wherever you go. But it's a beautiful world. Because the only way you can get into this world is if you're

people, then I am at their mercy. Their approval makes me feel good—then I am at their mercy. And I have to do what I have to do to please them.... So that, so that they can say, "You're doing good; you're doing good."

What's really difficult about life? Do you know? Like a tape recorder, it doesn't have buttons: "Pause. Stop. Rewind."

I mean, if I missed yesterday, then I would like to pause, rewind: "Let me try this again. Please, let me try this again." If in a moment I feel really angry, really angry, really angry—I know what's going to happen after my

book and let's find one of these people like me."

But what I will tell you is straight. I will tell you, "You don't need to be looking at me for peace; you should be looking at you for peace." Because your peace resides in you. My peace resides in me. I cannot give you my peace; you cannot give me your peace.

I cannot give you my breath; you cannot give me your breath. And from that time, from that one wall to the other wall, not one moment can be exchanged. It's yours. It's mine.

You understanding you. You understanding you! This is what Socrates

message is entirely different. Message is about freedom. Message is about "Know thyself!" Message is, "You have the power to free you."

When I say, "You know your world; now, know your breath," why do I say that? Because in that life, there's something so beautiful.

I will leave you with one last thought. And, wisdom doesn't all come at the same time—believe me, it sometimes comes in little pieces. If I'm looking for Buddha.... Now, I have seen pictures of Buddha; I have seen statues of Buddha. And if I'm looking for Buddha in this world today, how

The Three Worlds



conscious, if you're sincere about life. And you are willing to embrace life itself over the problems of life.

Now, what I just said is a big statement. It's huge. "To embrace life over the problems of life." It's way beyond the expectations that you have of yourself. It is beyond your disappointments. It is not the sum of everything that's wrong in your life. But it is about the possibility of what is right, what is good, what is beautiful. That's it. Remember that.

There are three things in your existence: Birth. You're alive. And one day you have to go—death. I'm simplifying, okay? I know there are a lot more things, but so I'm simplifying: you were born; you are alive, and one day you have to go.

You had no control over when you were born. You really don't have much control over when you're going to go. But between those two, (the coming and the going), you do have control. Question is, "Are you?" No, but it—and the only reason why I say this is because if you are not, you should be.

Because that's the only way you're going to be able to say, "excuse me; I don't want frustration in my life; I don't want anger in my life. I want joy in my life.; I want peace in my life. Excuse me; I want to feel good every day."

Because if it is incumbent on other

**Don't be fooled by the world that surrounds you.
See this opportunity to feel your heart
fill with gratitude**

**"Let me tell you the story of the human being –
who, in the heart of their hearts, desires peace.
The fact that you like peace, that you would even
entertain the thought of having peace in your life,
is magnificent." - PremRawat**

anger; I'm going to feel bad. I could just pause, rewind: "Let me try this again."

So, because there are no buttons, you are forced to live your life consciously every day—and that's really difficult. That is really, really, difficult. And the reason why it's difficult—because you're not set up for it.

Two minutes you live from your heart; two minutes and you live from here. One minute, you have to be practical. One minute, "Ah...." One minute, "Oh my God; I'm late." One minute, "I am so happy I'm alive." Third minute, "Am I happy I'm late...?"

Confusion. Confusion. And then that's where everybody goes; "Oh yes, we cannot be confused. So, let's go to a training; let's—let's go and read a

said, "Know thyself," understanding the self.

So, what I have to say is very simple: "What you are looking for is within you." The question is, you say, "How do I look inside?" Same way you see your face. How do you see your face? If you want to see yourself, how do you see? With your eyes, you see the world. You see everybody's face, right, with these eyes? You see everybody's face except?—yours.

Now, if you want to see your face, what do you need? You need a mirror! Not dependence; independence.

I am about freedom! I'm talking about independence. That's where my message is so different. It so happens, I do come sit down in a chair, I do talk in a microphone. And that's it—the

should I do it?

Because should I be looking for somebody that looks like the statues that I have seen, the pictures that I have seen? Because if I am, I won't find a Buddha.

But if I am looking for someone who carries the wisdom, who carries the benevolence, who carries the kindness, who carries the caring, then do you have any idea how many Buddhas I will find? Millions. Millions—because Buddha wasn't about this; Buddha was about this. What made Buddha Buddha was not his face, but his benevolence, his caring, his sharing, his wisdom.

And that always lives. It never dies. It always lives.

A lot of people—somebody very close to them passes away; they feel sorrow—they should. But because you've seen that person you would know, you're attached to a face. Stop looking for the face. Start looking for the kindness; start looking for the joy of that person; start looking for the caring of that person—and you will realize they're still here.

Not in one, but in many—and many and many and many. This is the wisdom of life—not the wisdom of the world but the wisdom of life.

PremRawat

www.timelesstoday.com
www.premrawat.com

SPECIAL FEATURE

Noble Norms of Naaladiyar

By: J A Rajah

contain excellent ideas for the art of living. Naaladiyar was written by Pavanathi Munivar and has 400 stanzas.

*“Katerintha naavinar chollar tham sorvanchi,
Matta raavar pakavarvatha-panayin mel,
Vattiya ollai kalakalakum, engnanrum.
Paccholaikillai olli.”*

கற்றறிந்த நாவினார் சொல்லார்தம் சோர்வஞ்சி
மற்றைய ராவார் பகர்வர் பனையின்மேல்
வற்றிய ஓலை கலகலக்கும், எஞ்ஞான்றும்
பச்சோலைக் கில்லை யொலி.

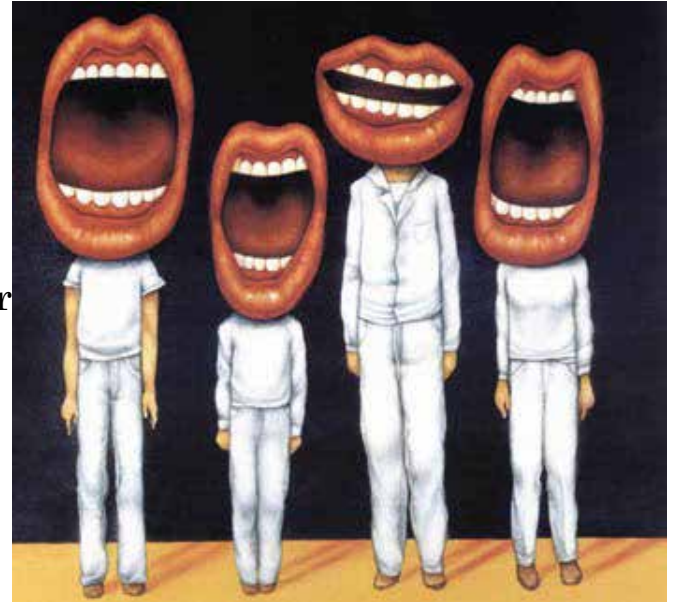
Learned men will not speak vain words through

Tamil literature is enriched with Thirukkural with two-line verses and Naaladiyar with four-line verses. The Tamil adage has it with - ‘irandum nalum chollukkuruthi’. These books

fear of possible errors. On the contrary, fools will blow their trumpets to enhance their ego. It is similar to the dried palmyra leaves which make noise when the wind blows but green leaves will always

remain still. We see this quality in ignorant people who always rush to give their opinions and viewpoints but the learned men will always think deeply and responsibly before giving their opinions.

Valluvar and Pavananthi have enriched the word and its profound impact on thought. The Bible underlines the same idea when John says ‘In the beginning was the Word, and the Word was with God, and the Word was God’.



Good Family

By: J A Rajah

Those who are born in a good family will have innate rectitude- side by side with delicate sensitivity to shame in thought, word and deed. Men, who hail from a good family will not be found lacking in standards-of good conduct, truth and modesty.

*“Nakai, eehai, in sol, iharlamai naankum,
Vakai enba vaiymaic kudikku”.*

நகையீகை அன்சொல் இகழாமை நான்கும்
வகையென்ப வாய்மைக் குடிக்

Families bound by standards of behaviour codes and traditions are marked by four traits-a cheerful face, generosity, kindly speech and courtesy. Even the attractions on crores on crores will not make men, who are well born deviate from standards of conduct and tarnish their name.

*“Adukkiya kodi perinum, kudippiranthar
Kunruva seithal illar”.*

அடுக்கிய கோடி பெறிலும் குடிப்பிறந்தார்
குன்றுவ செய்தல் இலர்

Even when fallen on evil days, affecting their generosity, members of good families will not deviate from their high code of conduct. Those who attach great value to the good name of their families, will never resort to deceit or impropriety. The faults of men of good families will show up conspicuously like dark spots, on the bright moon that traverses the sky. Harsh behaviour without compassion but a man of good family, will raise doubts on the legitimacy of his birth.



*“Nilathil kidanthamai kaal kaadum kaadum,
Kulathil piranthar vaiych chol”.*

நிலத்திற் கிடந்தமை கால்காட்டும் காட்டும்
குலத்திற் பிறந்தார்வாய்ச் சொல்

The nature of the soil is known by the seedling that grows in it; a man’s ancestry is known by his speech. The proverb expresses the same meaning:- ‘kulatharla ve ahumam kunam.’. An instinctive aversion to evil is the secret of a happy and virtuous life. Courteous behaviour is the prime essence of good birth. A proper humility is the best adornment of a brought-up person. The spirit of humility is the essence of good conduct. The need for a sensitive conscience is vital for repugnance of evil. If you need to relish the greatness of good birth, you will have to cultivate the habit of humility. Valluvar’s guidelines for noble living is matchless in their ingredients for virtues.

(Kural:- 951-960)



Valluvar’s Views



BY THULASI MUTTULINGAM

Timeline Now

Status Photo / Video Event, Milestone + Create Page

Thulasi Muttulingam
★ Favorites · September 23 at 12:23 AM

Kumar Sangakkara @Kuma... · 20h
Thank you Jerom Mark for this wonderful gesture. So much talent in the North and so much interest in cricket. Been very fortunate to see that first hand.

Rex Clementine @RexClem... · 2d
Congratulations to Jerom Mark for this sculpture of Kumar Sangakkara that's been erected at the Jaffna University. So much interest for the game in north with Jaffna winning back to back LPL titles.



Rayees Alfaz is with Mannar District Chess Association and 8 others.
September 21 at 7:09 AM

Superb artist I have seen in my school life... Jerom Mark ❤️❤️❤️
I have travel with him 8 year of my school life 😊😊😊

Thulasi Muttulingam
★ Favorites · 1d

Dhanya Rajendran · 1d
Thirty-six-year-old Nalini spent all of her life in a refugee camp for Sri Lankan citizens in Tamil Nadu. Wanting a better life for her children, she was one of the first people from these camps to seek Indian citizenship. She was born in the Trichy refugee camp in 1986, which makes her an Indian citizen as per the Citizenship Act. Her dream materialised on August 14 this year, when the Madurai Bench of the Madras High Court authorised her Indian citizenship, and promptly directed the authorities concerned to issue her an Indian passport.



THENEWSMINUTE.COM
Born in Sri Lankan Tamil refugee camp, Nalini becomes first to get Indian citizenship

Thulasi Muttulingam
★ Favorites · September 27 at 12:46 AM

Friends and well wishers asked me long ago if we had NGOs working on this that they could support - to provide food security to needy families. None of the NGOS I reached out to were considering it. Why?



PHOTO © ECONOMIC TIMES

Northern families forced to give up children to children's homes

BY MIRUDHULA THAMBAIAH


- Burden of economic crisis, lack of household finances, and child security fears force hand of families/households
- Provincial Child Care and Probation Commissioner notes non-release of Treasury funds

Due to the severity of the economic crisis and the lack of household finances, there has been an increase in the number of children being admitted by their families to children's homes in the Northern Province. *Contd. on page 2*

Minudhula Thambiah
September 26 at 9:35 PM

Thulasi Muttulingam
★ Favorites · September 28 at 8:33 PM

Thulasi Muttulingam
★ Favorites · 1d



Elijah Hoole · 1d
I wrote down some reflections on geography or geographies, partly based on Ponniyin Selvan's Poonguzhali.

If you have either read Kalki Krishnamurthy's Ponniyin Selvan or watched Maniratnam's film adaptation of the novel, you know Poonguzhali. She is the pretty and powerful fisherwoman who transports the story's other leading characters across the Palk Strait, from Chozha Nadu to Eelam, in her rowing boat. The ease with which she floats in and out of the two geographies struck me when I read the book. Crossing the ocean similarly today is a crime.

Although Poonguzhali, the character, is fictional, her character-defining act of ocean crossing at will is not. In 10th Century AD, when the story is set and before European conquests, Tamils living the north of Eelam were more closely tethered to cities across the Strait, such as Thanjavur and Madurai, than they were to cities to their south, over land, such as Polonnaruwa and Yapahuwa. The 32 kilometer stretch of sea, punctuated by small islands and lined with limestone shoals, then, was a porous border unlike today. Goods, people, religion, literature, and culture flowed freely between these two geographies wedged by the ocean. Before trains and cars, before railway tracks and asphalt roads, the ocean was more readily navigable (than land). Geographically speaking, before the colonial period, Tamil people in the north of Eelam looked across and beyond the ocean rather than to the south, beyond the thick and treacherous forests that covered the island's plains.

How we experience geography orients our being. When our geographies change, we change in turn.

Link to the blog entry is in the first comment.

5 1 Comment 1 Share



We Dravidians
September 25 at 7:14 AM

Marilyn Monroe of south India

"If I had not become an actress, I would have become a Naxalite. Because I have undergone such poverty and met such people in life

~ #silk_smitha

23rd Sept was her 26th anniversary.... 🌸

NO MEDICAL UP TO \$500,000

- ✓ \$0 first month's premium
- ✓ No medical exams
- ✓ Simple and straightforward
- ✓ 18-80 years can apply

**MEDICAL INSURANCE FOR
SUPER VISA**

**100%
REFUND IF VISA DENIED**



Sritharan Thurairajah

Chartered Life Underwriter, Certified Health Insurance Specialist

Direct: **416.918.9771**

Business: **416.321.2500**



Life100
INSURANCE & INVESTMENTS INC.

10 Milner Business Court, Suite 208, Scarborough, ON M1B 3C6
Web: www.life100.ca, E-mail: info@life100.ca



Are you getting Million Dollar advice



FUNERAL HOME
& CREMATION CENTRE

**Serving
the Tamil
Community
OF GREATER
TORONTO**

உங்கள் உறவொன்றை பிரிந்து
தருமாறும் வேளையில் இறுதி நிகழ்வுகள்
பற்றிய கவலை உங்களுக்கு வேண்டாம்.
அனுபவத்துடன் கூடிய அன்பான
சேவையை வழங்குகின்றோம்.

At Need Funeral Arrangements

We provide a full range of service to families who
have experienced a loss of a loved one, including:



**Vilosanan
Sivatharman**
Funeral Director
416-993-0826

- Vistation
- Funeral & Memorial Service
- Reception
- Burial • Cremation

மார்க்கம், மற்றும் மிசிசாகா
நகரங்களில் எமது சேவை



**Christeen
Seevaratnam**
416-258-6759

இறுதிச் சடங்கை நடத்துவதற்கான செலவை முன்கூட்டியே திட்டமிடலாமா?

Pre-Arranging: A Wise Choice...

FINANCIAL BENEFITS

- Lock in the cost at today's prices
- Convenient time payments
- Insured against early death

EMOTIONAL BENEFITS

- Letting your family know your wishes
- Peace of mind to you & your family
- Relieve the added stress & burden

Reviving a Story of the Ages: Ponniyin Selvan

By Danesh Thirukumar

Ponniyin Selvan, a highly touted historical fiction novel which has attempted to see its way to the big screen multiple times, has finally made its way through. Directed by the masterful Mani Ratnam, with a star-studded cast including Vikram, Aishwarya Rai Bachchan, Jayam Ravi, Karthi, and Trisha Krishnan, the movie clearly is aspiring to be one for the ages. Given this, it is not a surprise the legendary A.R. Rahman composed the music for the film. It was also co-produced by Lyca Productions and Madras Talkies. The movie is already a hit, breaking several records and amassing over \$30 million USD in its first five days of release. With many of the big players in the Tamil film industry assuming a role in the creation of Ponniyin Selvan I, it seems obvious the film has already made substantial impact. However, the sincere devotion to the story and era of the Chola dynasty is what helps push this movie over the top.

In a press conference prior to the film's release, Karthi expressed many learnings about the era that astonished him. This included understanding Chola Kings' love for their people, implementation of free healthcare, and worldwide economic trade. "I had to understand that period to be able to even walk into a frame, I was so conscious about all these aspects," Karthi described with admiration. Later in the press conference, in a segment that has gone viral as of recent, Vikram describes the need to understand and be proud of the Chola dynasty's history. They built the Brihadeswarar Temple in Thanjavur, containing a tower over two hundred feet high. At the top of the gopuram lies an eighty-ton stone, which Vikram mentions as he then inquisitively asks "how did they do it?" He revels at the Chola society's engineering and administrative prowess as well as their social empowerment all around the ninth century, over a thousand years ago. The manner in which both actors expressed their devotion and admiration to the era reveals in part why the movie is an enthralling experience, as they wanted to stay true to the novel and time period.

The mastermind behind the much-admired historical fiction novel, Kalki Krishnamurthy, first exposed the public to the story back in the early 1950s. This was right around the time India gained its independence,



so the novel provided many with the self-love and empowerment which was largely stripped of them for many years during the British colonial period. Kalki's elite penmanship and vivid plot are what supported the novel in garnering such a vast following. It is based on the highly proclaimed king; Raja RajaChola I's rise to power. Kalki researched and wrote for over three and a half years. He even took multiple trips to Sri Lanka to ensure he could depict the true historical elements accurately. Although parts

of the plot may be fictionalized, the elements of culture, language, and religion prevalent within the novel help provide individuals today with information of the Chola era.

Following my own viewing of the movie, I was motivated to learn more about the Chola reign. Growing up in the United States, I was not exposed early on in my education about the Chola Kings. After watching this screen depiction of Kalki's story, I am now looking to pick up the novel, as well as do my own research on the era

to enrich my understanding of Tamil history. Learning about the past is not simply to lie in awe in the greatness of those who have come before us, but it is to empower our current selves, and provide us with learnings of their day to inform our present and future. I am sure many others will feel inspired to learn more through watching the movie and media buzz surrounding it, and for that I applaud the creators for reviving a story for all in modern day to enjoy.

ITALIAN GOURMET PIZZA & RESTAURANT

FOR SALE



\$149,000

- Licensed for 30 seats and Take out
- Fully updated and just move in and operate the business.
- A pizza, fish & chips as well as Italian cuisine menus. Licensed for 30 seats capacity.
- Located in the heart of Oshawa, on Simcoe between Bond and King.
- A place that is often filled by traffic and pedestrians.
- Reasonable rent at \$2400 per month.
- Long lease available. Lots of potential to grow.
- TD & RBC Banks & Office Towers Right Across Street
- Steps To The University, Bus Terminal, Theatre, City Hall & Other Amenities.
- Great Opportunity To Be Your Own Boss.
- Skip The Dishes & UberEats



For more information or

**To Buy, Sell or Lease Homes, Condos or
Cottages - Residential & Commercial**



Mayuran Tharmabalan Accounting firm moves to new location

Mayuran Tharmabalan Accounting firm, a well-known name in the community, has moved to a new location to provide even better services to their customers.



The new address is 402 - 1585 Markham Road, Scarborough, ON M1B 2W1.

The company owned and operated by MayuranTharmabalan,CPA,CA, is an independent accounting firm providing Assurance,Tax and Business Advisory in the GTA.Mayuran obtained his CA in 2009 and has worked

in various CAfirms for 12 years before starting his own firm.

The Professional firm provides quality and reliable services for a reasonable price to their clients in many industries such as manufacturing, retail,transportation, construction, restaurants, professional services, and other serviceindustries. The Company

also arranges high net worth value financing for commercial unit/building purchase.

The company which is a licensed firm is now ten years oldand serves mainly Tamil businesses and others. The Company ensures that it invests in continuing professional education and training to provideexcellent

services.

The Company feels proud that it is able to offer Accounting, Tax and Advisory Services that help with the Financial and Business Needs of their Clients.

(Seen here are pictures taken at the new office location)

ELECT SRINI SUPPIRA

For more information, please visit: voterlookup.ca



Candidate Markham Regional Councillor

VOTE FOR

- Accountability
- Transparency
- Accessibility
- Integrity



Together we build Your Future in Markham



THE ADVENT OF WINTER SEASON

C. Kamalaharan



Winter season has dawned with spells of rain now and then. The clear bright blue sky with patches of white clouds presents a delightful sight to view. The tall multifunctional palmyra palms are the rich resources of our Northern and Eastern Provinces. The waterlogged puddle caused by the recent rains serve as a reservoir for the stray cattle to quench their thirst. In winter too there are chances for sunny spells.

During summer the area will be a hive of activity. Children will be engaged in some form of sport activity, the boys will be playing cricket using improvised

wickets and bats or football with tennis balls or leather balls. While the boys will be playing the elderly folks will be busy talking or engaged in cards game. It's a delightful sight to see them all taking part in some activities which are quite common in rural areas.

Above all it's a peaceful environment for the elderly folks to be there and spend the time breathing fresh air while enjoying a stroll in the evening.

Comparatively rural life is preferred to urban life as rural life is always free of pollution. Furthermore there is free flow of traffic without traffic jam.



SPECIAL FEATURE



Thirukkural is the first secular book of universal ethics

By: Kumar Punithavel

Who are we:

Humanity is a cultural mosaic of varied identities. Everyone has his or her own identity. If humanity is to continue its existence in peace and harmony, and to have a clear understanding of what unites us all as one, it is important to have a universal approach to ethics. We are all human in physical appearance. It is interesting and important to note that human beings have what is called a mind which is unique and unlike that of other animals. As a result of this mind, humans often group themselves into various creeds, castes, races, and religions etc. However, core inner values that emerge from concern for fellow beings like kindness, honesty, patience, forgiveness, and compassion are the consistent in all communities and are articulated in predominantly religious contexts.

Religious perspective:

From the beginning of civilization, religions have played a key role in maintaining and managing ethics in humanity. Be it theistic or non-theistic, they consider it their prerogative to dictate a code of ethics and conduct. The theistic religions are Hinduism, Judaism, Zoroastrianism, Sikhism, Christianity, and Islam amongst others and on the other hand, non-theistic religions include Buddhism and Jainism. In theistic religions ethics is grounded in an understanding of God as the creator and ultimate authority. For theistic religions the entire universe is a result of divine creation. It must also be noted that in many theistic traditions there is the belief that after death we face divine judgment, and this provides great incentive to behave with restraint. It must also be observed that submission to God makes humans act with restraint which is a plus point of theistic religion. It is predominantly the fear of reprisal which makes humans behave ethically non-theistic religions like Buddhism and Jainism and certain sects of Hinduism have no belief in a divine creator God as the rule maker. Instead, there are the core principles of causality, and the universe is regarded as beginningless and thus endless. Without a creator figure in which to ground the inner values of ethics, non-theistic religions instead ground ethics in the cause and effect called the karma. The word Karma in Sanskrit literally means action. The doctrine of Karma is grounded in the observation of causality as a law of nature. All actions, in word, thought, or deed of a person has a potential unending stream of consequences. When this is combined with the belief and fear of suffering in succeeding births it becomes a powerful deterrent to unethical. Behaviour.

Science perspective:

Religion is formed based on faith, whereas science is based on proof of facts. Science is the attempt to discover by means of observation and reasoning. Based upon it, first particular facts about the world are found, and then laws

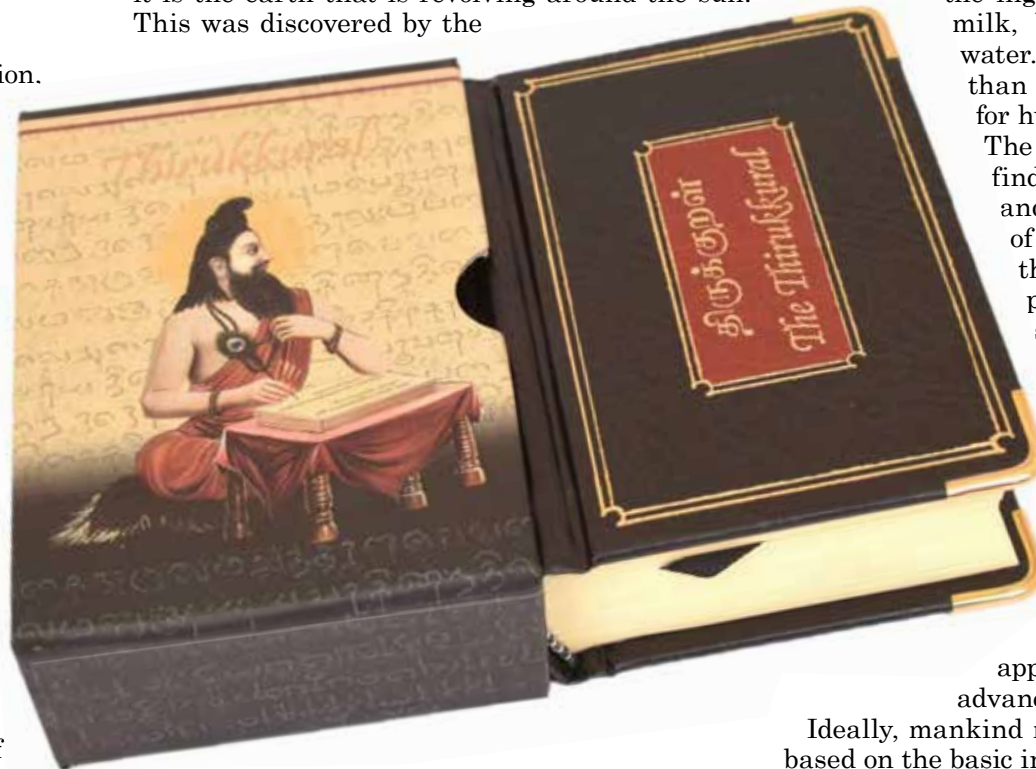
connecting facts with one another and making it possible to predict future occurrences is done. Because science unveiled truths of nature, the new generations accepted the facts proved by science as gospel. In the early days during the beginning of theistic and nontheistic religions, it was done so, essentially with the limited scientific knowledge of the universe that existed. With the limited knowledge that existed during that time it was believed that the world was in the center, and the rest of the universe revolved around it. They even believed there is a heaven in the sky and a hell underground! But, with the advancement of science, which is rooted in facts with proof, it was realized that the world is only a very tiny speck in the wide universe. Unlike what these religious creeds believed; it was discovered that instead that the sun revolving around earth it is the earth that is revolving around the sun. This was discovered by the

ethics. While science is interested in finding new facts, unfortunately religion tended to commit itself to a theology of fixity instead of one of change, and claimed to be already in possession of all the knowledge that mattered. It therefore seemed that to admit the truth and the value of the new knowledge provided by science would be to destroy the earlier stand of religion. As religion misses its grip on humanity by the advent of truth, what will happen to the ethics which have been the main domain of religions for humans? Ethics is fundamental for the progress of humanity. His holiness Dalai Lama, in his book 'Beyond Religion', comes out with a very nice analogy which I wish to share (1). He says ethics is like water which is very essential for survival. Religion is like tea, milk and sugar which is added to make it a very likable drink. A person can live without the ingredients like tea, sugar and milk, but cannot survive without water. Thus, more fundamental than religious theories is ethics for humans to survive and thrive. The challenge, therefore, is to find a way of grounding ethics and supporting the cultivation of the inner values that keep the future generations morally progressing in spite of the scientific advancements. Inherently humans have a disposition towards love, kindness, and affection irrespective of whether they are religious or not. The challenge, therefore, is to find a way of bringing it out and cultivating ethics and inner values in the new generation that are appropriate in spite of scientific advancement and discoveries.

Ideally, mankind must develop a code of ethics based on the basic inner values that emerge from concern for fellow beings like kindness, honesty, patience, forgiveness, and compassion etc. Such universal guidance should be acceptable to everyone, with no affiliation nor repulsion with any religion, science, race, or ethnicity etc. The code should recognize that the world is to be shared by all beings including humanity. It should not contest one's belief in a creator, God or otherwise. It should recognize our shared humanity as well as our shared human aspiration to happiness and the avoidance of suffering; the second factor is the understanding that human interdependence is a key feature of humanity and that it is in everyone's common interest to accept and cooperate with one another.

Thirukkural perspective:

Around two thousand years ago lived a poet who is believed to be a weaver by trade named Valluvar. He lived an average householder's life and his wife's name is said to be Vasugi. St. Thiruvalluvar composed the Thirukkural, a book of 1330 couplets. The premise of the Thirukkural is that all human beings want happiness in their life and happiness can only be built on



astronomer-mathematician Nicolus Copernicus (1473- 1543).

Until Newton came in and explained the theory of gravity, reportedly after the dropping of an apple from the tree, people did not know that there was no need for an external controlling power to help the planets to revolve in their path, and that they could do so on their own, with the gravitational forces of attraction, repulsion etc. Further, with the discovery of the theory of evolution by Charles Darwin (1809- 1882), the theory of creation has gone outdated overnight. Because of these scientific discoveries the credibility of the religion is gradually waning away. Slowly but surely the new generation of humanity is moving away from religious acceptance.

Need for a book of ethics:

Science is concerned only with intellectual handling and objective control. It is morally and emotionally neutral and always honest. It sets out to describe and to understand, not to appraise nor to assign values. What should the humanity do with the new facts science is showering upon it? Religion has been the dominant factor in defining

SPECIAL FEATURE



the foundation of virtue (righteousness). The Thirukkural is comprised of 1330 couplets, akin to the tweets of today, with seven words each. There are 133 chapters, with ten couplets per chapter in the Thirukkural. Further the book is grouped in three sections, namely Virtue, Wealth, and Pleasure. It is a point of interest he never used the word 'Tamil' anywhere in the book though it was written in Tamil; however, strangely enough he starts the narration with the first letter of the Tamil language 'Ah' (m) and ends the narration with the last letter of the Tamil language 'in'(d;). In this book not a single country, village, nor a natural phenomenon like the name of a mountain or river is mentioned. He also refrains from using the name of any religion. As an example, let us look at the couplet #397 in the chapter on Education in which he says;

*All lands and towns are learner's own;
Why not till death learning go on?*

யாதானும் நாடாமால் ஊராமால் என்னொருவன்
சாந்துணையுங் கல்லாத வாறு

The poet questions how anyone can remain without learning up to his death, when (to the learned person) every country is his own country, and every town his own town. Thus, Thirukkural has no borders and belongs to the whole world. Further, as a book of ethics, the Thirukkural says in no uncertain terms that if a person is honest out of fear, then he is not honest. While traditional religions tend to take a stand that if you do wrong you will be punished by God or by the causation of your karma meaning action, St. Thiruvalluvar states that if a person is honest/good because of fear, he is not truly a good person, but in fact he is an ignoble person who out of fear is behaving righteously and he should be judged accordingly. At times even if he does some good deed, it is because of the faint hope he will gain to some extent. In the chapter 108 titled 'Baseness' in couplet # 1075 he says:

*Fear is the base man's virtue; if that fail,
Intense desire some little may avail*

அச்சமே கீழ்க்கள தாசாரம் எச்சம்
அவாவுண்டேல் உண்டாம் சிறிது

Accepting that humans are born with innate qualities of compassion, love, and empathy, as opposed to the religious perspective that infuses ethics by fear, the above couplet says if fear of punishment is the cause for a person to do the right thing, then he is truly a base person. It is preferable that a person's true positive inborn nature be brought out instead. As one sees, reading the Thirukkural, a book of ethics written more than two thousand years ago, brings out the inborn nature of goodness in a person. Without any mission promoting this book, it has been already translated into more than forty-eight languages. In the English language alone there have been over a hundred translations. Thirukkural mentions no particular language, religion, race, or cultural group in its contents. It "treats humanity as its kin and the world as its hamlet" as stated by Kanian Poonkudranar a poet of the Tamil Sangam era which dates three thousand years ago (3). The first chapter in Thirukkural is titled, "Praise of God." Interestingly, the author defines the stance taken by God in the fourth couplet. While Religion gives hope and strength to face adversity by convincing an individual to get what they want by praying to God, the Thirukkural, a book of universal ethics, defines God as one who has neither likes nor loathes, thus implying one cannot flatter him and gain benefits. It is explained in no uncertain terms in couplet #4 in the first chapter titled 'Praise of God' which defines the nature of God as follows;

*Who holds his feet, who likes nor loathes
Are free from woes of human births*

வேண்டுதல்வேண் டாமை இலாண்டி சேர்ந்தார்க்கு
யாண்டும் இடும்பை இல

Thus, the poet says although praying may give

a person comfort, God has no likes nor loathes and his retribution will have no effect on the wrongdoer praising God. He further reinforces the idea of God as one who has no likes nor loathes in 619th couplet where he notes that even if fate which is predestined by God fails, a man's effort will reward his effort. Here is that couplet;

*Though fate-divine should make your
labour vain;*

Effort its labour sure reward will gain.

தெய்வத்தான் ஆகா தெனினும் முயற்சிதன்
மெய்வருத்தக் கூலி தரும்

The book never mentions the name of any religious God or deity. Of the 133 chapters the first thirty-eight chapters discuss righteous living. This section is further subdivided with a preface of four chapters, the next twenty on domestic virtue, followed by fourteen on ascetic life. Throughout these there are discussions on various aspects of righteous domestic and ascetic life. It is clearly pointed in this book the anchorites, meaning religious hermits and the poor, even those who are dead, it is the householder that gives protection and support. What will happen to the religious worshiping places and those who take care of it, if there is no householder to support it by their productivity? Therefore, the fundamental need of humanity is righteous householders. Before proceeding further let us look at couplet # 42 which is as follows;

*To anchorites, to indigent, to those who
passed away,*

*The man for household virtue famed is
needful held and stay*

துறந்தார்க்கும் துவ்வா தவர்க்கும் இறந்தார்க்கும்
இல்வாழ்வான் என்பான் துணை

The last couplet (#50), on householders' advocates, states that if a person leads a righteous life, he shall be placed amongst the Gods in heaven. So, the most important goal is to produce virtuous householders, not priests, pastors, preachers, nor hermits.

*Who shares domestic life, by household
virtues graced,*

*Shall, mid the Gods, in heaven who dwell,
be placed.*

வையத்துள் வாழ்வாங்கு வாழ்பவன்
வான்உறையும் தெய்வத்துள் வைக்கப் படும்

The next seventy chapters deal with wealth. Wealth is an essential component of human living. No religion shall survive in this world without wealth. Though the main title is wealth, the section has been subdivided as royalty, ministry, politics, alliance/ friendship and finally a section called miscellaneous. Various aspects of human interactions are discussed in this section, be it governing, education, judging, and all aspects of human interrelationship are explained clearly in seven-hundred couplets.

In the face of adversity religions always propagate prayers as the panacea for the problem, but not the Thirukkural. This book believes it is thoughts that reach high achievements. Until the thoughts one ponders are noble and high, there will be no lofty achievements. It further says that even if one fails, it is still great to ponder high. Here is the couplet 596:

*Whatever you ponder, let your aim be lofty
still,*

*Fate cannot hinder always, thwart you as
it will*

உள்ளுவ தெல்லாம் உயர்வுள்ளல் மற்றது
தள்ளினுந் தள்ளாமை நீர்த்து

It is the norm for religion to advise devotees to beg for divine intervention by praying to an almighty power to raise one's life. Not in the Thirukkural. In the couplet #595 the poet says

the stem of a lotus flower will be as long as the depth of the pond in which it flowers, likewise the person will rise as high as his mind ponders.

*With rising flood, the rising lotus flower its
stem unwinds;*

*The dignity of men is measured by their
minds*

வெள்ளத் தனைய மலர்நீட்டம் மாந்தர்தம்
உள்ளத் தனைய துயர்வு

The third section of the Thirukkural deals with interrelationships between the two sexes. This is unlike many religious texts which offer a prescriptive approach for conduct but not necessarily guidance for the creation and substance of a relationship. The subject of relationships between man and woman is dealt with in two segments. The first is pre-marriage comprising seven chapters with seventy couplets and the second is chaste wedded relationship in eighteen chapters with one hundred and eighty couplets.

It is said that a grain of rice determines how well the pot of rice is cooked. Likewise, the section dealing with pre-marital relationship contains couplet #1281 which says love is more pleasurable than the best wine available, for wine gives pleasure only when it is consumed, but love gives pleasure on mere thought of it.

*Gladness at the thought, rejoicing at the
sight,*

*Not palm-tree wine, but love, yields such
delight*

உள்ளக் களித்தலும் காண மகிழ்தலும்
கள்ளுக்கில் காமத்திற் குண்டு

On post-marriage relationships the last couplet serves as a good sample of this section. In newly married couples one frequently observes that the partners will feign quarrel. It is not because there is a misunderstanding, but because they are bored with constant agreement, that they quarrel. St. Thiruvalluvar says, in such quarrels the one who gives up and surrenders is the winner, and it could be found when they get together. Here is the last couplet of this great book of universal ethics numbered 1330:

*A feigned aversion coy to pleasure gives a
zest;*

*The pleasures crowned when breast is
clasped to breast*

ஊடுதல் காமத்திற் கின்பம் அதற்கின்பம்
கூடி முயங்கப் பெறின

There is yet to be a book of ethics dealing with all aspects of human relationship. As the eminent Canadian Rev. G. U. Pope who translated this marvelous book to English stated in his introduction "the Thirukkural is as clear as an unpolluted spring. Yes! Thirukkural, the unique book, has come to remove the impurities of the world'. Let us use the Thirukkural as a book of universal ethics to cleanse the world's impurities.

Reference;

- 1) Beyond Religion by His Holiness Dalai Lama ISBN: 978-0-7710-4603-2.
- 2) The Sacred Kural of Thiruvalluvar Nayanar by Rev. G. U. Pope. ISBN: 81-206-0022-3 (All English translations are by Rev. G. U. Pope)
- 3) Purananooru verse #192.



Valluvar's Views



EDUCATION & CAREER



RG Education Centers

Giving the Gift of Education since 1991

I Can't Breathe

By: Solomon Francis

“I can't breathe.” On May 25th 2020, these were one of the last words of George Floyd, before a cop knelt on his neck. Protests took place in Minneapolis and across online platforms such as twitter, instagram and tiktok. Celebrities such as Cardi B, LeBron James, Kim Kardashian and Viola David used their massive followings to raise awareness about this issue. Equality is important because we all deserve to have equal opportunities. We should not be ashamed of who we are. We should all have a voice. Equality is an important human right, which everyone deserves.

In the world, there are 7.8 billion people, and none of us should be scared of who we are and what can possibly happen. According to a study done by the Census bureau, after George Floyd's death, depression and anxiety among the Black American community as well as the Asian American community had a significant increase. This study states that among Black Americans, significant signs of anxiety and depressive disorders rose from 36 percent to 41 percent in the week after the video of George Floyd's death became public. That represents roughly 1.4 million more people. As for the Asian American community, these symptoms rose from 28 percent to 34 percent. This is roughly 800,000 people. Muslim Americans also often suffer from Anxiety and Paranoia due to Religious Discrimination. Gender discrimination among women, has been proven to deeply affect their mental health. An article written by Medical News Today compared mental health issues among men and women. The article states that women are twice as likely to have generalized anxiety disorder and panic disorder. They are also approximately twice as likely to develop depression during their lifetime and more than twice as likely to develop PTSD. They also are four to ten times as likely to have an eating disorder. Despite studies finding that men are 3.63 times more likely to die by suicide, women are more likely to attempt suicide. In an article by verywellmind.com, a PHD, LCSW psychologist and director of trauma-informed services at the NYU McSilver Institute talks about how the Latino community have experienced negative mental effects due to racism. In this article, a few points talked about were like a 2017 study called Race and Social Problems. This article shows how acculturated Latino people were more likely to face physical stress after a perceived racial micro aggression after accounting for social and demographic factors. Equality is important because no one should be afraid of who we are, but we should also be able to have a fair chance to make money.

Equality is important because everyone deserves equal opportunities. A study by the National Bureau of Economic Research showed a shocking fact about discrimination in job employment. Researchers sent out 84,000 equivalent fake job applications for entry-level openings to Fortune 500 firms. After doing this, researchers found that black names were 10% less likely to get a call back than comparable applications with white names. Another scenario where someone had less opportunities due to discrimination was Jeremy Lin during his basketball career. During an interview with NBC

Asian America, Jeremy Lin talked about his journey in the NBA as an Asian American basketball player. In this interview he talks about how he tried making his return to the NBA by proving himself in the NBA D-League (Development League). As the season progressed, Lin found that he was not given the same opportunities as his peers. He would continue to watch his shot at being called up to the NBA dissipate. To make matters worse, Lin played excellently during his time in this league. Averaging 20.0 points per game, J-Lin was the fourteenth leading scorer in the entirety of the league. He was also the second leading scorer on his team. The leading scorer of his team was the latest NBA icon Jordan Poole, who played 51 games in the same NBA season. BuiltIn.com found that the five largest companies on the planet (Amazon, Apple, Facebook, Google and Microsoft), only have a workforce of about 34.4% women. Another fact in tech, is that Black and Hispanic women who majored in computer science or engineering, are less likely to be hired into a tech role than their white counterparts. Everyone should have equal opportunities, but we should also be allowed to speak our mind.

Everyone should have a voice, which should be taken into consideration. In a courtroom, there is lots of discrimination which needs to be fixed. Innocence project, listed 8 facts about racial injustice in the Criminal Legal System. All of these facts took me by shock, but one that stood out mostly was that Innocent Black people are seven times more likely to be wrongfully convicted of murder than innocent white people. It's just crazy that innocent black men need to often worry about being wrongfully convicted. It shows that the voice of black men aren't taken into consideration as much as a white man's. From as early as 1830 to as late as 1996 there were residential schools in Canada. These schools were designed to take away the indigenous culture from indigenous kids. Despite parents of these children not wanting to enroll their children in this school,

they were violently forced to make their children attend either way. This was an example of how their voice wasn't taken into consideration. We do not want our present and future to go back to the times of residential schools. Everyone's voice matters, no matter their color or beliefs.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.” This was a quote by Martin Luther King on August 28, 1963. It was about how he had a dream that we would have perfect equality in this world. After reading this essay, I hope you do too. Equality is important because no one should be scared of who they are. Everyone should have equal opportunities. Everyone should have a voice. So make sure that you realize how important equality is. As Connor Franta said, “Race, gender, religion, sexuality, we are all people and that's it.”





RG Education Centers

Giving the Gift of Education since 1991

ONLINE CLASSES AVAILABLE





- French
- English
- Math
- Science
- Biology
- Chemistry
- Physics
- Piano
- Theory
- Guitar
- Voice

- CONVENIENT
- EASY TO SET UP
- EXPERIENCED TEACHERS
- AFFORDABLE RATES

IN-PERSON CLASSES:

3852 FINCH AVE. E, SUITE 401
 SCARBOROUGH (KENNEDY & FINCH)
 (416) 609-9508 / www.rgeducation.com

SCIENCE & TECHNOLOGY



DOES JAMES WEBB DISPROVE THE BIG BANG THEORY?

James Webb Space Telescope Data Challenge the Big Bang Theory

By OUE Research Institute

Astronomers are thrilled by the extraordinary images of the new James Webb Space Telescope (JWST). Some of the data already contradict Big Bang expectations (Clery, D., 2022). The media is spreading viral articles that the JWST has refuted the Big Bang theory. But the early galaxies in its images look more complicated than expected.

The first photos of distant galaxies taken by JEST made scientists think. Star systems before the universe were even a billion years old look more extensive and complex than the theory suggested. The articles began to spread on social networks that the new telescope refuted the theory that the universe was formed 13.8 billion years ago due to the Big Bang. But scientists do not see any reason to turn the whole picture of the world upside down.

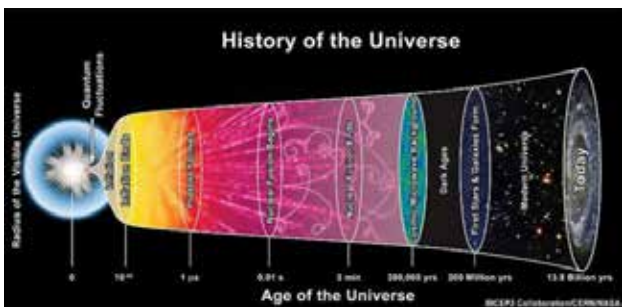
JWST Images



The James Webb is created to “see” in the infrared part of the electromagnetic spectrum. Light from very faraway galaxies is redshifted to this part of the spectrum, so the JW should be able to get more suitable images of very distant galaxies (Koberlein, B., 2015). Indeed, an online comparison shows that deep-field images acquired by Webb are even better than the stunning images obtained by Hubble (Eggleston, N., 2022).

Creationists have long stated that the Big Bang impacts the mature distant galaxy problem. Big Bang theorists believe that light from the most distant galaxies took more than 13 billion years to reach Earth. By Big Bang calculation, we should see these very distant galaxies, not as they are today, but as they were more than 13 billion years ago. Hence, these galaxies should look “immature” and “unevolved.” However, this expectation is routinely refused (Hebert, J., 2020), and preliminary data from Webb continues the trend.

JWST Results



The first results from the JWST demonstrate that massive, bright galaxies had already been created after the Big Bang within the first 250 million years. This would seriously challenge the current cosmological model and thinking if confirmed. Many galaxies appear to be more enormous than the standard cosmological model that describes the universe’s composition and evolution (Schilling, G., 2022).

It should be remarked that these results are insufficient and not yet confirmed. However, they are causing some worry among Big Bang



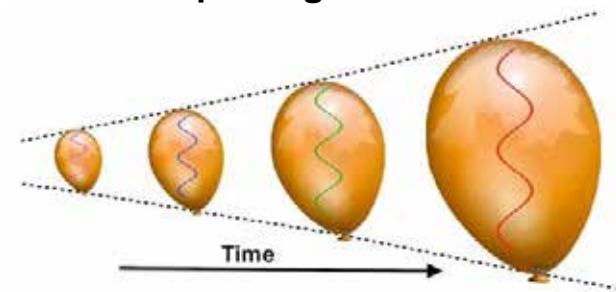
theorists. Cosmologist Richard Ellis of University College London said, “It worries me slightly that we find these monsters galaxies in the first few images” (Schilling, G., 2022). Garth Illingworth of the University of California Santa Cruz said, “This is way outside the box of what Big Bang models were predicting” (Clery, D., 2022).

There may be an even bigger problem, said Michael J. Disney, retired Cardiff University Astrophysicist who assisted in constructing cameras for the Hubble Space Telescope (HST) in the 1970s and 1980s. In a 2007 American Scientist article, Disney stated that the idea of an expanding



universe was “a moderately well-supported hypothesis” (Desney, M., 2007) but that finding additional evidence for an expanding universe was “of paramount importance.” (Desney, M., 2007), He recalled.

Tolman & Expanding Universe



Richard Tolman proposed such a test for an expanding universe in the 1930s, mobilizing good data which are only now becoming available. Tolman calculated that the surface brightness of reducing galaxies should fall off theatrically with redshift. The builders of the first cameras for the Hubble Space Telescope in the 1980s were told by cosmologists not to worry about distant galaxies because we wouldn’t see them. Every deep Hubble image has hundreds of apparently distant galaxies

scattered all over it. Contemporary cosmologists mumble about “galaxy evolution,” but the warnings do not necessarily look suitable for the Tolman Expansion test at high redshift (Desney, M., 2007, 2022).

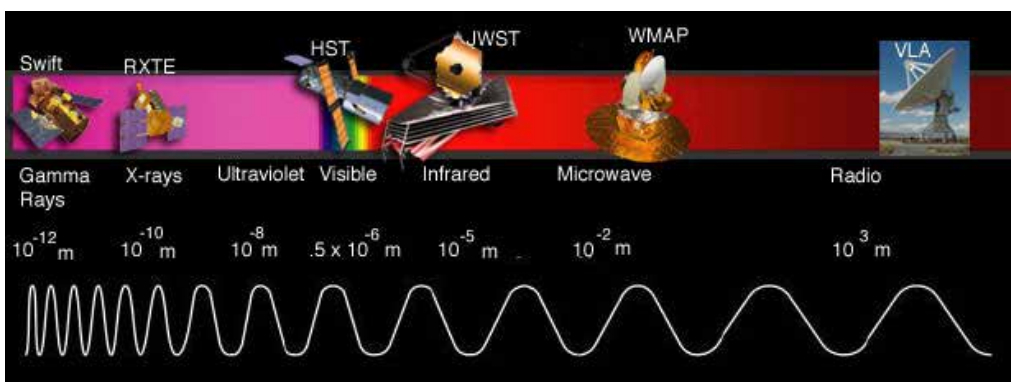
As an astrophysicist, Disney knows that galaxy redshifts are seen as evidence of an expanding universe. But something else could be causing these redshifts, and the Tolman effect is a way to test whether an expanding universe is a correct explanation. In a static universe, galaxy surface brightness should be constant, regardless of the redshift value. In an expanding universe, however, surface brightness should become dimmer for higher redshift values. This is why Big Bang cosmologists did not think the Hubble telescope would be able to see highly distant, high-redshift galaxies. Yet Hubble saw these galaxies, and Webb is now looking farther into space.

Summary

Astronomers have already performed the Tolman test (Lubin, L. M., and Sandage, A., 2001). Astronomers claimed the results were consistent with an expanding universe, assuming that galaxies at higher redshifts were intrinsically brighter than those at lower redshifts and that this intrinsic brightness decreased systematically over billions of years. This is what Disney meant when he said cosmologists “mutter about ‘galaxy evolution at high redshift’ to account for this unexpected brightness. Disney does not consider “galaxy evolution” to be a convincing explanation, but he still thinks it may be possible to explain this unexpected brightness in an expanding universe (Desney, M., 2022).

The prominent Big Bang critic Eric Lerner claimed more recently that Tolman test results are more consistent with a static universe than an expanding one (Lerner, E. J. 2018). Likewise, creation physicist Dr. John Hartnett argued that scientific evidence for an expanding universe is equivocal (Hartnett, J., 2011, Hartnett, J., 2014). So, at a minimum, the ability of HST and JWST to see highly faraway galaxies is another example of a failed Big Bang prediction (Hebert, J. and B. Thomas. 2014, Thomas, B. 2014, Hebert, J. 2018, 2020). But it could be much

more than that—evidence against the idea of an expanding universe. Astrophysicists and astronomers should make it a top priority to confirm or falsify Lerner’s results to the scientific community and the public.





Top 5 Ways to Attract More Foreign Direct Investment in Canada



By: **Muraly Srinarayanathas**

Foreign direct investment is essential for a country's economy. It boosts the country by bringing more money into the market, infusing competitiveness and creating employment opportunities. Canada encourages FDI by promoting its global market presence, access to resources, availability of a highly skilled workforce, and robust economic policies, and many large Fortune 500 companies are establishing new R&D setups here. Proximity to the United States makes the United

The investment can be in the form of a branch, subsidiary, or joint venture. The company may buy property or businesses in another country to establish a presence or invest in stocks or bonds. FDI can be an important part of helping developing countries grow and improve their economies.

Top 5 Ways to Increase Foreign Direct Investment in Canada Showcase Canada's Strengths

Canada has an investment promotion agency (IPA) called "Invest In Canada," which does the job of marketing the factors that make Canada a

favorable place to do business. It also provides all the information foreign investors need. They unlock investment opportunities by working directly with global investors. They target suitable foreign investors and coordinate operations between investors and government partners to make the expansion to Canada seamless. The IPA could also keep a check on after-investment care and urge investors to make re-investments.

Support Export Processing Zones

The export processing zone, or the foreign trade zone (FTZ), is a special economic zone where goods are produced and exported without paying import tax. It is to attract foreign direct investment (FDI) from multinational corporations to produce goods for export. Canada also lets businesses select the location that best suits their needs. Canada's geographically flexible strategy outperforms other nations concentrating on location-specific foreign trade zones.

Setup a Vendor Development Program

A vendor development program (VDP) is an effective tool that improves FDI. VDP's primary goal is to assist small and medium-sized enterprises (SMEs) in improving their quality and competitiveness. The program helps SMEs improve their management skills, develop business strategies, and increase productivity. It will allow them to increase their exports and attract foreign investment.

Support and Encourage Scientific Research

Canada improves its FDI attractiveness by supporting scientific research and development (R&D) in the country. It will help Canadian companies develop new products and services that can be sold internationally. It will

also give them access to new intellectual property rights, which they can use as collateral when approaching potential investors. Many steps have already been taken by the Canadian government.

Improving Financial Market

Strengthening the financial markets in both the source and host countries plays an important role in improving FDI. The Bank of Canada, which is the nation's central bank, plays a key role in enabling economic stability and growth and building efficient financial systems.

If you want to know more about Canada's FDI policies and how they can affect you, please subscribe to Muraly's blogs and join the ever growing community. Get in touch with me through social media for more details!

Muraly Srinarayanathas,
Executive Chairman of
369 Global Inc.
www.muralys.com



States its largest investor.

What is Foreign Direct Investment?

Foreign direct investment (FDI) is when a company from one country invests in a business in another country.

favorable place to do business. It also provides all the information foreign investors need. They unlock investment opportunities by working directly with global investors. They target suitable





WHAT IS A CONSUMER PROPOSAL?

by **Ajay Oberoi**

**Bankruptcy, Budgeting,
Collection calls, Consumer Proposal,
Credit Repair, Insolvency**

A consumer proposal is nothing but a plan which provides debt relief to Canadians who are struggling with money debt payments. It is sectioned by the Canadian government so that their people can have some relief in debt payments. And it was a very important step that took by the Canadian government because many people suffer from money debt payments. And in the end, they have to file bankruptcy, which was not good for any Canadian people. So, the government thought to give some relief to their people and sectioned this act.

By using this act, the consumers now have some relief in paying the debt amount. In a consumer proposal, a legally blind debt settlement agreement is filled between the consumer and

the creditor. But this proposal can only be filled with licensed insolvency trustees. So, the consumer can pay some debt amount to get full debt forgiveness. And the amount is decided by the trustees on the basis of the consumer's income and what consumer's own. This is the consumer proposal.

All the settlements are the same or different

Not all the settlements are the same each and every settlement is unique in its own way. Because the settlement amount, which is decided by the trustees, is mainly depended upon the consumer's income and their possession. So, the settlement amount will also be different in every case. The same amount is not applied to every person. And that is why it is very popular among consumers.

Eligibility criteria for the consumer proposal

There are mainly four things that everyone should keep in their mind before filling the con-

sumer proposal. And that is

- First thing first, the consumer must be a residence of Canada. That thing is not necessarily the person can be permanent resident of Canada or must be residing in Canada for some work or anything else.
- The consumer must have some amount to pay some portion of the debt amount.
- The debt amount should be less than \$250000.
- The consumer must not be able to pay their debts in order to apply for a consumer proposal.

Is it okay to go with a consumer proposal?

Of course, it is good to go with a consumer proposal. If the consumer doesn't have the money to pay their debts, then they should go with it and have some relief on debt payment.

**In case of you have credit or debt issues
visit www.gtacredit.com or call 416 650 1100**



COMMUNITY WATCH

Appointments & Achievements - by Siva Sivapragasam

TD Bank has appointed Ajay Virmani to its Board of Directors

A philanthropist and entrepreneur with more than 40 years of business leadership experience, Ajay is the founder and CEO of Cargojet, a premium global air cargo logistics provider

Ajay currently serves on the board of The University Health Network and has previously served as a director of Export Development Canada, York University, Invest Ontario, and The Canadian Motion Pictures Screen Awards.



Benjamin Roebuck has been appointed as the Ombudsman for victims of Crime

The Government of Canada has appointed Benjamin Roebuck as the Ombudsman for victims of Crime. The appointment was made by Justice Minister David Lametti. Mr. Roebuck is Professor of victimology and public safety at Algonquin College since 2010.



Advocata Institute appoints Dhananath Fernando as its Chief Executive Officer

Advocata Institute, a public policy think tank based in Colombo has appointed Dhananath Fernando, as its Chief Executive Officer. Dhananath, who is a founding member of the Institute has worked as Advocata's Chief Operating Officer since its inception.

Advocata Institute was started in 2016 by a group of professionals aiming to provide market-oriented policy alternatives to existing public discourse in Sri Lanka.



Quotable Quotes - 2022

By: Siva Sivapragasam

“They said it”



“

“Though we have a welcoming nature towards newcomers, our immigration system has faced unprecedented challenges and obstacles that have become larger and compounded on one another over the past few years”

– Immigration Minister Sean Frazer



“

“She was extremely intelligent. A woman of impeccable judgement. Resolute, selfless, witty-very witty”

– Former Canadian Prime Minister Brian Mulroney on Queen Elizabeth II



“

“We shall miss Her Majesty Queen Elizabeth II immensely, but the example she set will always be there to guide us- and her lifelong devotion to service will continue to inspire people around the world”

– Prime Minister Justin Trudeau



“

“We shouldn't be daunted by the challenges we face. As strong as the storm maybe, I know the British people are stronger”

– British Prime Minister Liz Truss

BUYING OR SELLING YOUR HOME?



ROYALAN TEAM



B: 905 201 9977
F: 905 201 9229

17 Eastvale Dr, Markham, ON L3S 4N8 | kailain.thillai@royalanteam.com
www.royalanteam.com



HOMELIFE / FUTURE REALTY INC., BROKERAGE
INDEPENDENTLY OWNED & OPERATED | * SALES REPRESENTATIVES

Kailain Thillainathan
647-668-8276

Raghu Thillainathan
416-629-5800

MONEY PROBLEMS?™

Make One Small Monthly Payment For All Your Debts



Ask Yourself?

- Are you using your Overdraft all the time?
- Are creditors constantly Threatening & Harassing you at home or at work?
- Are you struggling to pay your Rent, Mortgage or Car Payment?
- Are your financial difficulties the cause of your Marriage or Health Problems?
- Do you think your Credit Rating is in jeopardy forever?
- Are you afraid of Losing your car, house, RRSP, Stocks or any other assets?
- Do you have Court Orders against you?
- Are you having any trouble with Government (CRA) about personal tax or any other tax issues?

If your answered "Yes" to any of the above questions then you should contact us for a Private & Confidential meeting with one of our Govt. Registered Counsellor

Scarborough

201-4433 Sheppard Ave. E
Scarborough, ON, M1S 1V3

North York

306-1280 Finch Ave. W
North York, ON, M3J 3K6

Brampton

201-7990 Kennedy Rd. South,
Brampton, Ontario, L6W 0B3



Available on the Phone, One-on-one meeting or virtual meeting

416-489-2000

Proudly Served over 20,000 clients since 2004

Visit : GtaCredit.Com

 **MONSOON KITCHEN**

GENIE SISTERS
SAMAYAL
SANTHAI



Welcome to our recipe corner! We sisters will entice you with recipes that we have fallen in love with and teach you a little Tamil along the way, as all the ingredients will have their Tamil names. Both of us love to cook and we have developed very different styles. Niranjini has a very refined palate and cooks more contemporary world cuisine with an Asian touch. Rajini is a seasoned homemaker who loves making traditional dishes for her friends and family. Follow us on Instagram: @ninjaeatsfood and @tamil_food
Eat more, learn more!

Sisters Niranjini Mandalia and Rajini Nathan are both food enthusiasts from England. Niranjini, who lives in London, has a degree in Human Biology and is a trained chef. She makes it her business to know everything about what she eats, from nutritional value to source producers. Follow her food obsession on Instagram @ninjaeatsfood. Rajini, lives in Toronto and has a background in psychology. Her speciality is in Tamil food from around the world, catch up on her meal ideas on Instagram @tamil_food.



Happy Thanksgiving! Wishing you and your family and friends a wonderful time together. A time to reflect on how blessed we are and show our gratitude to those around us.

- From Monsoon Journal.



Abhiruchi

TIFFIN SERVICES

AUTHENTICALLY INDIAN

We deliver tiffins to you every weekday. Vegetarian and regular menus available. Cooked fresh daily, you are always guaranteed delicious food.

**AVAILABLE IN MISSISSAUGA
DELIVERY BY 1PM DAILY**



MENU FEATURES

Each tiffin includes two curries, salad or raita and your choice of 4 hand made roti with rice or 8 pieces of roti.

VISIT US ONLINE

ABHIRUCHITIFFIN.COM | 905-232-2200

Full menu available online
Single order \$12 | Monthly plan \$180



Resolute HR Manager



JC'S GRILL HOUSE
Fresh Dining

Visit us online to see all our services
jc@jcsgroup.ca | jcsgroup.ca

“தாயகத்தின் இதயத் துடிப்பு”

VIRAKESARI
வீரகேசரி

தமிழால் இணைவோம்



உலக செய்தி வரலாற்றில் தமிழ் மொழியில் சரித்திரம் படைக்கும்
மிக நீண்ட வரலாற்றைக் கொண்டுள்ள வீரகேசரி



(06.08.2022) அன்று
தனது 92ஆவது அகவையில்

www.virakesari.lk

இணையத்தளம்
புதுப்பொலிவுடன் மீளறிமுகமாகின்றது..!



புது அனுபவத்தை பெற்றிட
இன்றே www.virakesari.lk
இணையத்தளத்திற்கு பிரவேசியுங்கள்..

+94 740 927 382

email : digital@encl.lk

EXPRESS NEWSPAPERS CEYLON (PVT) LTD

வீரகேசரி வீரகேசரி Daily News தென் விடிவெள்ளி சூரியகாந்தி சோதிடகேசரி Weekend Express
Sri Lanka's International Newspaper

COMMUNITY WATCH 

Srinivasan Suppiramaniam contests Markham Regional Councillor post in the forthcoming municipal elections

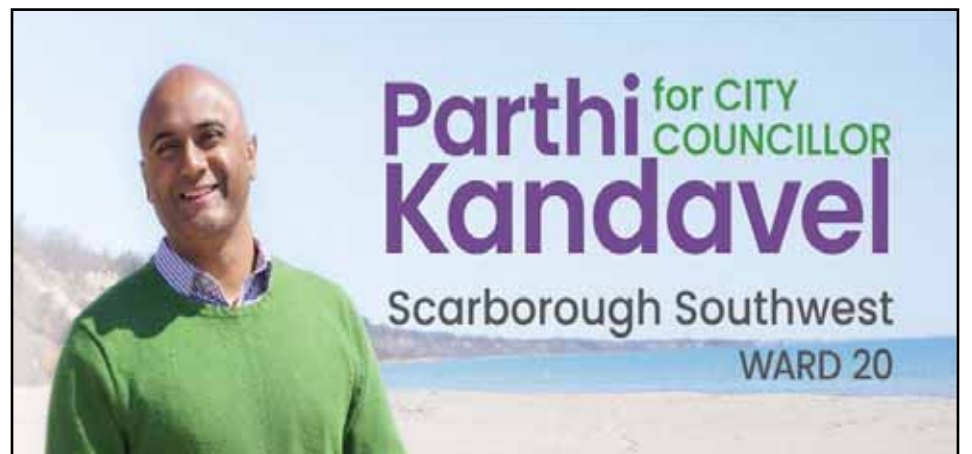
Srinivasan Suppiramaniam better known as Srini who is an entrepreneur and the CEO of Ceylon Broadcasting since 1993 is contesting for the post of Markham Regional Councillor in the municipal elections scheduled for October 24th.

Srinivasan has delivered many creative programs for ethnic communities in Ontario and has helped to raise awareness about their challenges and integration into Canadian society.

Srini, with his expertise and wide experience in the field of mass media communication, is committed to promoting and advancing the art and culture of his community. He is also dedicated to build bridges of understanding among the various communities which constitute Canada's multicultural mosaic framework.

Among the number of Awards he had received over the years include the following: South Asian volunteers (Human Endeavour) -2007,

Queen's Diamond Jubilee Medal 2012, and RBC, TOP- 25, Immigrant, 2013.



Wishing everyone a great fall season and a **Happy Halloween** October 31st



SPECIAL FEATURE

SAINT RAMUNUJA, A HINDU PHILOSOPHER AND A SOCIAL REFORMER

Compiled by : KIDAMBI RAJ

ABOUT SRI RAMANUJA ACHARYA

In the village of *Sriperambudur*, forty-five kilometers from Chennai, lived a Vedic scholar, *Kesava Somayaji* and his wife *Kanthimathi*. By the grace of Lord Parthasarathy, the presiding



deity of Tiruvallikeni temple, a son was born to them in the Tamil year Pingala, in the month of Chitra, under the asterik of Tiruvadira (April 4, 1017). Immediately a message was sent to his maternal uncle, *Tirumalai Nambi*, who named the baby Ramanuja. Just as Sage Vasishtha on seeing the brilliance in the face of the child named him as Lakshmana saying, "**Lakshmano Lakshmi Sampannaha**", Periya Thirumali Nambi struck by the Tejas of the child, named him after Lakshmana as *Ilaya Perumal*, also known as *Ilayazhwar*. Whenever Lord Vishnu comes in a new Avatar (incarnation), His favourite disciple and servant, *Adishesha*, the 1000 hooded mighty serpent follows his beloved Master. It is believed that Adishesha served Lord Maha Vishnu in Vaikuntam in the first era, as Lakshmana in *Tretya Yuga*, as Balarama in *Dwapara Yuga* and as Bhagavat Ramanujacharya in *Kali Yuga*. There is sloka in *Yadha-vaachala Mahatmyam* and the sloka says: "**It is the same who was Adhishesha first, Lakshmana after and Balarama in the third, who is born as Sri Ramanuja in the Kali Yuga**". As a pious Srivaishnava, he considered *kainkarya* (service to the Lord) as very important, since Rama's younger brother Lakshmana is known as *Kainkaryia Sriman*. The name turned out to be very apt for Sri Ramanuja as he spent his life serving God and serving humanity.

EARLY LIFE



Shortly after being married in his teenage years, and after his father died, Ramanuja and his family moved to the neighboring town of Kanchipuram. Here, Ramanuja found his first formal teacher, *Yadavaprakasa*, who was accomplished in the form of Vedanta philosophy that was in vogue at that time and took his initiation under him. It was a form of Vedanta that had strong affinities to Adi Sankara's Absolute Idealistic Monism called *Advaita Vedant*. From a young age, his intelligence and ability to comprehend highly abstract philosophical



points were legendary. Though his new guru was highly impressed with his analytical ability, he was quite concerned by how much emphasis Ramanuja placed on bhakti. After frequent clashes over interpretation, Yadavaprakasa decided that young Ramanuja was becoming too much of a threat and plotted to kill him. However, Ramanuja's cousin Govinda Bhatta (a favourite of Yadavaprakasa) discovered the plot and helped him escape. Ramanuja returned to Yadavaprakasa, but after another disagreement, Yadavaprakasa asked him to leave.

After renouncing the life of a householder, Ramanuja travelled to Srirangam to meet an aging Yamunacharya, a philosopher of reemergent Visishtadvaita school of thought. Yamunacharya had died prior to Ramanuja's arrival in Srirangam. Followers of Ramanuja relate the legend that three fingers of Yamunacharya's corpse were curled. Ramanuja saw this and understood that Yamunacharya was concerned about his three incomplete tasks. Ramanuja vowed to complete them:

- Teach the doctrine of *Saranagathi* (surrender) to God as the means to moksha.
- Write a Visishtadvaita Bhashya for the *Brahma Sutras of Vyasa* which had previously been taught orally to the disciples of the Visishtadvaita philosophy and
- That the names of *Paraasara*, the author of Vishnu Purana and *Saint Satagopa* should be perpetuated.

Legend goes, that on hearing the vow, the three fingers on the corpse straightened. Ramanuja accepted Yamunacharya as his Manasika Acharya and spent 6 months being introduced to Yamunacharya's philosophy by his disciple, Mahapurna. Ramanuja started travelling the country, having philosophical debates with the custodians of various Vishnu temples. Many of them after losing the debates, became his disciples. Ramanuja

school of thought. Ramanuja being a Srivaishnavite had faced threats from some Saivite Chola rulers who were religiously intolerant. Ramanuja and few of his followers moved to the Hoysala kingdom of *Jain King Bittideva* and *Queen Shantala Devi* in Karnataka. Legends say that Bittideva converted to Sri-

vaishnavism, after Ramanuja cured the King's daughter of evil spirits. King Bittideva not only took to Srivaishnavism, but also took the name *Vishnuvardhana*, meaning "**one who grows the sect of Vishnu**". Ramanuja re-established the liturgy in the *Cheluvanarayana temple* in Melkote in Karnataka.

STREAMLINING PUJA TRADITIONS IN TEMPLES

He pioneered in streamlining the puja traditions in the temples which were irregular and in doldrums in those days. The first and foremost being the Shrines of Lord Venkateswara and Adi Varaha Kshetra in Tirumala, where he reformed the puja procedures, restored and fortified archanas, kainkaryams, rituals and festivals. Some of the important festivals initiated by the great Acharya includes Bhag Savari Utsavam, Tanniramudu Utsavam, introduction of first puja, first nivedana and first darshan to Lord Sri Bhuvanaraya Swamy in Tirumala.

RAMANUJA IN TIRUMALAI

Sri Ramanuja firmly believed that Lord Venkateswara took the form of Saligrama statue in Thirumalai and He Himself reborn as *Vikhasana Maharishi* and formulated His own puja kainkaryams. So, Ramanuja decided that all puja kainkaryams in Thirumala temple should be done in the tradition of Vaikhanasa Agama Sasta. Ramanuja learnt Ramayana from his uncle and Guru, Sri Tirumala Nambi at Alipiri, the first step in Thirumala. His discourses to his disciples and devotees were compiled in *Vedanta Sangraha* in Thirumala Hills only. Hence, Ramanuja occupied the Guru position even for Lord Venkateswara and hence being worshipped along with Lord in Thirumala during every festival and religious fete even today.

DIFFERENT NAMES OF RAMANUJA

Sri Ramanuja is being worshipped by many names. Ilayavar, Ramanuja, Ramanujanambi, Lakshmanamamuni, Godagrajar, Tiruppavai Jeeyar, Yatiraja, Satkohan, Koilannan, Bhootapurusha, Desikendra, Emberumanar, Bhashyakara, Udayavar etc. Among these names, Desikendra is the name blessed by none other than Lord Venkateswara, Bhashyakara by Vagdevi in Kashmir and Udayavar by Lord Ranganatha after he wrote "*Gadya Trayam*".

A REFORMER AND A CRUSADER OF SOCIAL EQUALITY



SPECIAL FEATURE



Sri Ramanuja was a great scholar, philosopher and a reformer. The Sri Vaishnavite order prior to Ramanuja was averse to people of other castes as both Kanchipurna and Mahapurna were non-Brahmins. So, when Ramanuja revolted against the discrimination that had crept within the caste system, he was simply following the same lines as the Azhwars and helped the people who were considered to be untouchables (dasa, dasulu, dasu), to get absorbed into the Sri Vaish-



nava Bhakthi Movement, encouraging them to attain Spiritual enlightenment by teaching them Azhwar's Naalaayara Divyaprabhandham. He called these downtrodden classes as **Tirukulattar**, meaning "of noble descent" in Tamil and was instrumental in admitting them into the temple in Melkote. He felt for the downtrodden. He empathized with them. He took up the ceremonies, the accretions that had gathered, made them pure so far as they could be, and instituted new ceremonies, new methods of worship for the people who absolutely required them. At the same time, he opened the door to the highest spiritual worship from the Brahmins to the Pariahs. That was Sri Ramanuja's work. That work rolled on, invaded the North and was taken up by some great leaders there, but that was much later, during the Mohammedan rule; and the brightest of these prophets of comparatively modern times in the North was Chaitanya.

He bridged the gap between literate and illiterate, rulers and the ruled. Gave impetus to the concept of, the **Vasudhaiva Kutumbakam**, the Universe as one family. Sri Ramanujacharya is that gigantic reservoir from which, all present-day schools of thought that advocate Equality, have flowed out as creeks, rivulets and **tributaries and this is a historical fact.**

Harold Coward describes Ramanuja as, "the founding interpreter of Sri Vaishnava scripture". **Wendy Doniger** calls him, "probably the single most influential thinker of devotional Hinduism".

J.A.B. van Buitenen states that Ramanuja was highly influential, by giving "bhakti an intellectual basis", and his efforts made bhakti the major force within different traditions of Hinduism.

Modern scholars have compared the importance of Ramanuja in Hinduism to that of scholar, Thomas Aquinas (1225-1274) in Western Christianity.

SRI RAMANUJA RECEIVING & REVEALING THE MOOLA MANTRA

Once Sri Ramanuja approached his guru Sri **Goshtipurna** to receive the secret Moola Mantra initiation. The guru began to think on the matter deeply, but still was unwilling to give the mantra to any person. Time and again Sri Ramanuja approached him, but repeatedly Sri Goshtipurna refused to grant his request. When his appeals had been denied on eighteen times, Sri Ramanuja began to feel that there must be some great impurity in his heart and that it was for this reason that his guru would not bestow mercy upon him. In this state of dejection, Sri Ramanuja began to shed tears of despair. When some other devotees informed Sri Goshtipurna of Sri Ramanuja's condition, he was moved by pity for the young devotee.

So, when Sri Ramanuja came before him

again, he spoke him in a kind way. "Only Lord Vishnu Himself is aware of the glories of this mantra. Now I know that you are worthy to receive it. Because you are pure and firmly fixed in devotion to the lotus feet of the Lord, at the present time I can find no one but yourself who is fit to receive the mantra, for whoever chants it is certain to go to Vaikunta at the time of his death. Because this Mantra is so pure and sacred, it must not be touched by the lips of anyone who has material desires. Therefore, you must not disclose the mantra to any other person". Having thus instructed Sri Ramanuja, Sri Goshtipurna, initiated him into the chanting of the mantra of eight syllables. Sri Ramanuja was filled with ecstasy to chant this wonderful vibration, and his face began to glow with spiritual effulgence. He considered himself the most blessed of all beings and bowed again and again at the feet of his guru.

Having taken leave of his guru, Sri Goshtipurna, Sri Ramanuja in a joyful mood, began to return to Srirangam. But, as he was walking, he began to think about the potency of the mantra that had been given to him. While thinking in this way, he became filled with feelings of compassion for the sufferings of all living beings in this material world. Then, as he was walking near the walls of the temple in **Thirukoshtiyur**, he began to call out to all the people who were passing by, "**Please, all of you, come near to Lord Vishnu's temple, and I will give you a priceless jewel!**"

Attracted by his pure expression and unusual words, a large crowd of men, women and children began to follow him. A rumour began to spread all over the town that a prophet had appeared who could fulfill all of one's desires. Within a short time, a huge crowd had assembled outside the temple. On seeing this mass of

humanity, Sri Ramanuja's heart swelled with joy. He embraced his two disciples, Dasarathi and Kuresa who had accompanied him, and then climbed up the tower of the temple. After reaching the top of the temple tower, in a loud voice he began to address the gathering: "**All of you are dear to me than my own life. Therefore, I have a strong desire to deliver you from the torments and sufferings of all of us must undergo in this temporary world. Please recite this Mantra which I have obtained for you. Do this, and the Lord's mercy will be upon you.**" When they heard Sri Ramanuja's words, all the people in the crowd called out, "**Please tell us the Mantra. Shower the Lord's blessings upon us!**"

Then, Sri Ramanuja called out in a deep resounding voice the Mantra he had just received from his Guru, Sri Goshtipurna: "**OM NAMO NARAYANAYA**". Immediately the crowd responded, everyone calling out the sacred words together, producing a sound like thunder. Twice more Sri Ramanuja called out the Mantra, and twice more the thunderous response resounded from the crowd. Everyone became silent and looked at each other with feelings of deep ecstasy in their hearts. At that time, it seemed that the earth had become Vaikuntam. The faces of men, women and children were flushed with joy and it seemed that all the miseries were gone from the earth. Those who had come running to the temple hoping to receive gold or jewels, immediately forgot their worldly desires, feeling as if they had been given a diamond in the place of a broken glass. As the joyful crowd melted away, men and women came and prostrated themselves before Sri Ramanuja, considering themselves most blessed to have received such a benediction from the great soul. Sri Ramanuja then climbed down from the tower and began walking towards his guru, Sri Goshtipurna's residence to worship the feet of his guru. By this time, Sri Goshtipurna had come to hear in detail of everything that had taken place outside the temple and was extremely angry, feeling that Sri Ramanuja had betrayed his trust. When Sri Ramanuja approached him with his two disciples, the aged guru addressed him in a voice that trembled with rage. "**Get out of my sight, O lowest of men!, I have committed a great sin by entrusting the most precious gem to such an untrustworthy person as yourself. Why have you come here again, forcing me to commit the sin of looking at your face? Surely you are destined to live in hell for countless lifetimes.**"

Without any sign of remorse, Sri Ramanuja replied to his guru in a most humble manner, saying: "**It was only because, I am prepared to suffer in hell that I dared to go against your order. You told me that whoever chanted the mantra of eight syllable was certain to be liberated. Thus, according to your words, so many people are now destined to find shelter at**



Lord Narayana's lotus feet, if an insignificant person like me has to go to hell, it is of no great importance, if so, many others thereby attain the mercy of Lord Narayana". On hearing these words, which fully revealed the depth of Sri Ramanuja's compassion, Sri Goshtipurna was completely stunned and filled with great wonder. All his fierce anger disappeared in an instant, like the passing of violent storm and he embraced Sri Ramanuja with profound affection.



SPECIAL FEATURE

Everyone who was able to witness this transformation was filled with joy and astonishment. Sri Yoshimura then addressed Sri Ramanuja with folded palms, *“My child, I have never known anyone so magnanimous as yourself. From this day, you are my guru and I am your disciple”*.

Moral of the story is: *Knowledge is meant for distribution. We should give our best to spread the divine light of mantras by distributing the transcendental knowledge for the benefit of everyone.*

MAJOR WORKS OF SRI RAMANUJA

He authored seven scriptures and they are:

- **Sri Bhashyam** – A detailed commentary



on the Vedanta Sutras. Sri Bhashyam is Sri Ramanuja's greatest commentary on Brahma Sutras. This monumental contribution was part of the 3 wishes Sri Ramanuja fulfilled for his revered master and Guru Sri Yamunacharya, who breathed his last even before meeting Sri Ramanuja in person.

- **Gita Bhashyam** – A detailed commentary on the Bhagavad Gita.
- **Vedanta Sangraha** - A treatise presenting the tenets of Visishtadvaita, a reconciliation of different conflicting scriptures.
- **Vedaanta Deepa** (the light of Vedanta) – This is an abridged version of Sri Bhashyam. It is extremely simple.
- **Vedaanta Saara** (the essence of Vedanta) – It is the primary scripture of Visishtadvaita.



- **Gadyatrayam** (three prose hymns) – This incorporates Saranagati Gadya, Vaikunta Gadya and Sriranga Gadya,
- **Aaraadhana Granta** – The subject matter of Lord's worship has been expounded in this scripture.

His most famous treatise is Sri Bhashyam. Goddess Saraswathi, the deity of knowledge had honoured him with the title of Bhashyakaar (a commentator of repute) after hearing his interpretation of Kaapyasaam Pundarekhaasham at the Sri Bhandaram library in Kashmir. Since then, he has come to be known as Bhashyakaar Ramanujacharya.

SRI RAMANUJA, A SPIRITUAL REVOLUTIONARY

- He brought the treasure of Vedic literature to the doorsteps of the common man.
- Advocated the philosophy of Visishtadvaita, qualified monism.
- Dispelled the Mayavada concept, the world is illusory.
- Became the preceptor of the Bhakthi movement and the source of all Bhakthi Schools of thought.
- Was an inspiration for mystic poets like, Kabir, Meerabai, Annamcharya, Bhakthi Ramdas, Thyagaraja and many others.
- Initiated the concept that Nature and her resources like Water, Air, Soil, Trees etc. are sacred and should be protected from pollution.

RELEVANCE OF SRI RAMANUJA TODAY

One thousand years have gone by, ten centuries. In India alone, so many kingdoms which would do their best to put an end to the religious and cultural traditions that had flourished from time immemorial. The Delhi Sultanate, the five Sultanates of the South Berar, Bidar, Golkonda, Bijapur and Ahmednagar, Sher Shah and the Suri interregnum, the Moghuls, the British Empire all tried to divide and rule. In spite of all that, the Vedic culture not only survived but also gained new spaces, since the adherents of the culture had the benefit of the leadership by the spiritual personalities from time to time, re-formatting the culture in a positive manner without losing any of its seminal strengths. Of such great men, Sri Ramanuja, who was born in the 11th century, takes the pride of place as he remains relevant even today. His virtue was compassion: his means integration. The two main reasons why Sri Ramanuja remains perfectly relevant even today.

RAMANUJA'S SAMADHI IN SRIRANGAM TEMPLE

His physical body is preserved even today in a sitting posture in the Sannidhi dedicated to him on the southwest corner on the fifth round within the Srirangam Temple as ordered by Lord Ranganatha Himself. The whole world is aghast at the feat of preservation of the mummies of Egypt and the body of St. Xavier in Goa, in India and make so much fuss about them. Even some Srivaishavas are not aware that

here in Srirangam, their holiest place hailed as, *“Bhuloka Vaikuntam (Heaven on Earth)”* lies preserved body of Sri Ramanuja in all its pristine state unostentatiously, without any fanfare or publicity and without using any of the chemical preservatives employed by the Egyptian and Goan models.

Swami Vedanta Desika in Sloka 10 of his Yathiraja Saptadhi pays obeisance to Bhagavad Ramanuja, proceeding with his eulogy: *“I bow to that Sri Ramanuja, the great Yogi who became the very soul of Vedas, Upanishads and other Sutras.”*

SRI RAMANUJA'S INSTRUCTIONS TO HIS DISCIPLES AS HE WAS ABOUT TO LEAVE THIS WORLD

When it was time for Sri Ramanuja to leave this world, he informed his disciples about it. Disciples requested Acharya to live with them for some more days. Ramanuja told them that he will live with them for three more days. Disciples were not satisfied, so Yathira told them to get a deity made, then after duly sanctifying the statue, he transferred all his powers into it. Then with his head on the lap of Embar and his feet on the lap of Vaduga Nambi, Ramanuja breathed his last in 1137 AD listening to the recitation of the Divya Prabandam and looking at the Padukas of his Guru, Yamunacharya. He then told his disciples:

“Worship all Vaishnavas as you worship your Guru. Have faith in previous Acharyas. Study scriptures that describe the glories of the Supreme Lord. Always endeavor for purity. Take shelter of the Lord and have faith in Him alone. If you follow these instructions, you will be never separated from me. Why should one grieve over the disappearance of the temporary body?”

STATUE OF EQUALITY IN HYDERABAD, INDIA

The Statue of Equality, a statue of Saint Ramanuja was dedicated by Modi on February 5,



2022, on Vasant Panchami day in Hyderabad. The world largest idol made by *ashtadhatu* is a sacred and sattvic (pure) alloy of eight metals namely, gold, silver, copper, zinc, lead, tin, iron and mercury, has been erected in Hyderabad. This alloy often used for casting metallic idols for Jain and Hindu temples in India. The composition is laid down in the Shilpa Sastras, a collection of ancient texts that describe arts, crafts and other design rules, principles and standards

The statue is 216 feet tall and called the Statue of Equality was built to honour the 11th century Hindu saint and philosopher, Sri Ramanuja. The idea of erecting the Statue of Equality was conceptualized by Sri Chinna Jeeyar Swami of Sri Ramanuja Ashram. The inauguration of the statue, as well as the entire campus, has been a part of 12-day Sri Ramanuja Sahasrabdhi Samaroham, the ongoing 1000th birth anniversary celebrations of Sri Ramanuja.

Stories of the True

Author: B. Jeyamohan

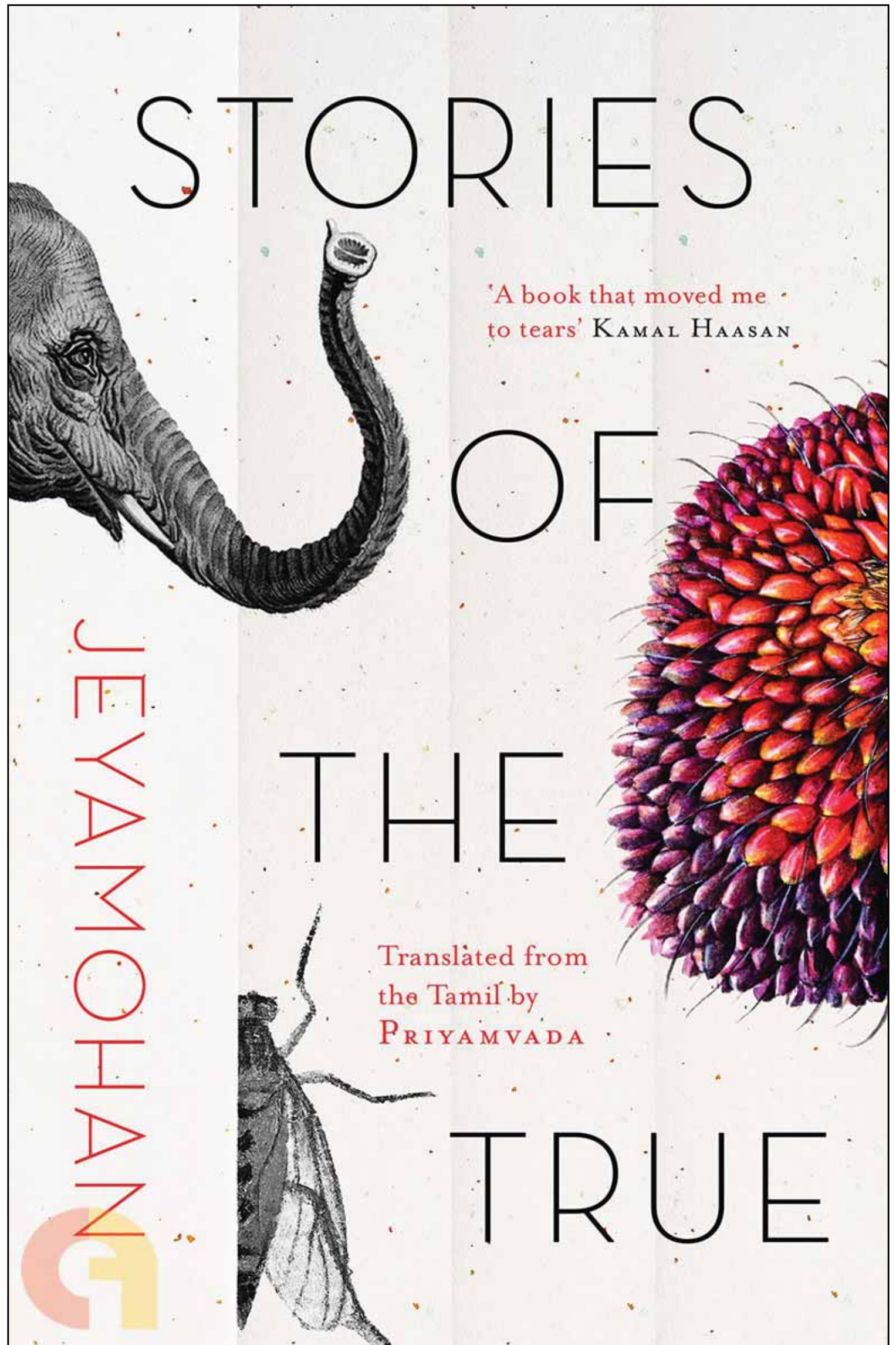
(Translated from Tamil by Priyamvada Ramkumar)

Publishers: Juggernaut Books | Reviewed by Siva Sivapragasam

Novelist B. Jeyamohan who is based in Nagercoil, Tamil Nadu, is today one of the leading and pre-eminent writers in modern Tamil literature. His works include more than three hundred short stories, many volumes of literary criticism, biographies, travelogues, introductory texts to Indian and Western literature as well as essays on heritage and philosophy. He also won the Akilan Memorial Prize for his first novel.

"Stories of the True" is a collection of short stories which revolve around the central idea of "Aram" which is the Tamil equivalent of "Dharma". The book has been translated from the text in Tamil to English by Priyamvada Ramkumar. The book brings together twelve inspiring and imaginative narratives, all based on the lives of real people.

The collection of twelve stories in the book are inspiring and imaginative narratives based on the lives of real people.





COMMUNITY WATCH

Durham Tamils Association Serving Our Tamil Community Over 20 Years



Durham Tamils Association is always looking for ways to help our members, youth, and

our seniors. We are continuing to provide free virtual activities almost every day for kids to seniors. Thank you to our fantastic volunteers who do not expect anything and are serving the community voluntarily. DTA is truly grateful for your continued support. Also, DTA's Tamil school continues to provide virtual Tamil classes for our students.

DTA's Homeland Projects

DTA is proud to announce that we are restarting our homeland projects. The following projects have been completed:

1. Provided educational items to 38 children who passed the scholarship exam Rs 50,000/-
2. Educational expenses for two students in AL & OL Rs 50,000/-
3. Educational expenses for a girl studying AL Rs 50,000/-
4. The Second project in Kilinochchi District, is a sewing machine project. a sewing machine for a family living below the poverty line. Two sisters aged 56 and 58, unmarried due to poverty, who live with a sickly mother, have made this request. They have experience in sewing. By providing this machine they can stand on their own and support the family. cost Rs 150,000/- (CAD 580).
5. Donated photocopy machine for the Mulankavil primary school. cost SL rupees 100,000.00

Thank you to Mr. Subramaniam Kathirithamby & Mr. Maylvahanam (Sri Lanka) for coordinating this project.

21st Annual Youth Festival

Save the date:-

Saturday, November 5th - Youth Festival

Time: 5pm

Venue: J. Clarke Richardson Collegiate (Auditorium)

1355 Harwood Ave N, Ajax, ON L1T 4G8

DTA hosted Alzheimer Information Session.

On Sep 7th Alzheimer Society of Durham Region is presented on dementia. Presentation was translated in Tamil.

Topics covered:

1. Dementia overview (definition, types, progression, warning signs/symptoms)
2. Diagnosing dementia
3. Supporting the person living with dementia
4. Supporting the care partner (family, friends)
5. Alzheimer Society of Durham Region Supports & Services

Mental Health 101 Workshop

On Sep 22nd, DTA hosted a mental health workshop with help of trainer Mary Louise Ireland who volunteered her time to host the event. Mental Health 101 provides an understanding of various mental health issues, builds mental health awareness and helps reduce the stigma associated with mental illness. Participants will learn strategies for maintaining their mental wellness and for providing compassionate support and understanding to colleagues.

Seniors End of Summer Finale - Get Together

On Sep 18th DTA hosted its wonderful seniors to celebrated end of summer. It was enjoyed by all seniors with a pot luck snack and dinner. Seniors had a great time and thanks to all the volunteers for their continue support and help.

DTA Youth Day Trip - Canada's Wonderland

On Sep 18th DTA took the youths to Canada's Wonderland for a day trip. This was a great experience for the youth to go out and enjoy the rides and attraction at Canada's Wonderland. Youth had a great time and thanks to the organizer and volunteers for putting this event together for the youths to enjoy.

DTA is proud to host Game Time!

*YOUTH BASKETBALL *

Every Saturdays 3:00pm-5:00pm

Start date: Saturday, September 24th


Ages 5-17

Location:

East Shore Community Centre


910 Liverpool Rd, Pickering, ON L1W 1S6

If you're attending please Register online durhamtamils.org

DURHAM TAMIL ASSOCIATION


IT'S GAME TIME



A great opportunity for all youths! Spend time with your friends while playing a fun and active game of basketball!

EVERY SATURDAY
STARTING FROM SEPT 24
3:00 - 5:00PM

Register Online
www.durhamtamils.org



COMMUNITY WATCH



Durham Tamils Association Serving Our Tamil Community Over 20 Years



Tamil School

Tamil class registration is open for the School Year from 2022-2023!
In-person or Virtual class options are available!

DTA's Seniors

DTA is keeping our seniors fully occupied with multiple free virtual classes and programs. We run Seniors Chair Yoga Class, Mind Exercises, Mat Yoga Class, Cooking Classes, Health Seminars, Chess Club, Virtual Game Nights, Travel Around the World from Armchair, Crafting Classes (including free craft items), and much more for our seniors. DTA is here to support you in any way. If you want to participate in our programs, please check our monthly calendars. Please register for virtual Seniors programs at durhamtamils.org. Thank you to our fantastic volunteers who do not expect anything and are serving the community voluntarily. DTA is truly grateful for your continued support.

Thank you to DTA's Annual Sponsors

DTA thanks our annual sponsors Nava Wilson Law, Computek, TSN Express, Chapel Ridge Funeral Home, ShowthaThushijanthan-RE/MAX, Ajax Crematorium, and Visitation Ctr, and all our sponsors for your continued support throughout the year.

For more information on all DTA's Community Support Programs and Sponsor contacts please visit www.DurhamTamils.Org Tel 905.428.7007

Unity Is Strength



DURHAM TAMIL ASSOCIATION'S

21st Annual
YOUTH
FESTIVAL

2022

Register Now!

Visit www.durhamtamils.org to REGISTER

DEADLINE: August 15, 2022

GROUP PRACTICES START SOON

Bollywood Dance Singing Performance
Kollywood Dance Bharatanatyam
Fusion Dance Fashion Show

Contact us!
www.durhamtamils.org
905-428-7007



RE-ELECT



**DR. ANU
SRISKANDARAJAH**

TDSB TRUSTEE

**SCARBOROUGH-ROUGE PARK
WARD 22**

VOTE OCTOBER 24

Happy Diwali

Wishing all our readers a very
Happy and Joyous Diwali
Monday, Oct 24, 2022



PRISHA LAW

PROFESSIONAL CORPORATION



YOUR LEGAL SOLUTION STARTS HERE...

647 478 0144

8130 Sheppard Avenue East, Suite 210, Scarborough, ON M1B 3W3

prishanthy@prishalaw.ca | www.prishalaw.ca



PRISHA LAW

PROFESSIONAL CORPORATION



MAYURAN THARMABALAN
PROFESSIONAL CORPORATION
 CHARTERED PROFESSIONAL ACCOUNTANT

AUDIT

REVIEW ENGAGEMENT

NOTICE TO READER

BUSINESS ADVISORY

CONTROLLERSHIP SERVICES

CORPORATE TAXES

PERSONAL TAXES

FINANCIAL PLANNING

CRA AUDITS

PAYROLL

BOOKKEEPING



Mayuran Tharmabalan, CPA, CA, LPA

647 748 6344 647 989 6298

647 748 6444

www.tharmabalan.ca

info@tharmabalan.ca

Suite 304 - 5200 Finch Ave East, Scarborough, ON M1S 4Z5

A LICENSED PUBLIC ACCOUNTING FIRM



Members from Orlando Corporation, SHN, SHN Foundation, UofT and dignitaries hold up the “Love, Scarborough” t-shirt at the announcement of the historic gift of \$75 Million for both Scarborough Health Network (\$50M) and University of Toronto’s Scarborough Academy of Medicine and Integrated Health (SAMIH) (\$25M)

ELECT

JUANITA NATHAN

as your **Markham Ward 7 Councillor**

ONLINE VOTING from October 14-24

ADVANCE IN-PERSON VOTING

on October 20, 21, & 22

AT AANIIN COMMUNITY CENTER

416-857-6308

electjuanitanathan@gmail.com

www.ElectJuanitaNathan.ca

Authorized by the CFO of Juanita Nathan campaign.